

Limited Time Offer - LAROSA'S SICILIAN PIZZA

NUTRITION, INGREDIENT AND ALLERGEN INFORMATION

LAROSA'S NUTRITION INFORMATION

Menu Item	Portion Size (g)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	#Slices
Sicilian Pizza - LG 14" - Sicilian Crust, Sicilian Sauce, Four Cheese Blend	per slice	330	106	12	5	0	22	535	43	2	3	13	8
Add for - Topping 14" - Anchovies	per slice	10	3	1	0	0	5	248	0	0	0	0	8
Add for - Topping 14" - Bacon	per slice	70	48	6	2	0	9	180	0	0	0	4	8
Add for - Topping 14" - Banana Pepper	per slice	0	0	0	0	0	0	133	1	0	<1	0	8
Add for - Topping 14" - Black Olive	per slice	20	15	2	0	0	0	79	1	0	0	0	8
Add for - Topping 14" - Capocollo Ham	per slice	20	14	1	1	0	6	124	0	0	0	2	8
Add for - Topping 14" - Chicken Breast Strips	per slice	15	3	0	0	0	11	65	1	0	0	0	8
Add for - Topping 14" - Green Olive	per slice	20	19	2	1	0	0	231	0	0	0	0	8
Add for - Topping 14" - Green Pepper	per slice	0	0	0	0	0	0	0	1	0	0	<1	8
Add for - Topping 14" - Ground Beef	per slice	40	30	3	1	0	11	100	0	0	0	3	8
Add for - Topping 14" - Jalapenos	per slice	0	0	0	0	0	0	108	0	0	<1	0	8
Add for - Topping 14" - Meatballs	per slice	30	19	2	1	0	10	93	1	0	<1	2	8
Add for - Topping 14" - Mushroom	per slice	0	0	0	0	0	0	0	1	<1	0	1	8
Add for - Topping 14" - Pepperoni	per slice	35	28	3	3	0	0	166	0	0	0	2	8
Add for - Topping 14" - Pickle Slices	per slice	0	0	0	0	0	0	201	0	0	0	0	8
Add for - Topping 14" - Pineapple Tidbits	per slice	15	0	0	0	0	0	0	3	0	3	0	8
Add for - Topping 14" - Red Onion	per slice	0	0	0	0	0	0	0	1	0	1	<1	8
Add for - Topping 14" - Roasted Garlic	per slice	5	0	0	0	0	0	1	1	0	0	0	8
Add for - Topping 14" - Roasted Onion	per slice	10	4	1	0	0	0	68	2	0	1	0	8
Add for - Topping 14" - Roasted Red Pepper	per slice	10	4	0	0	0	0	35	1	0	1	0	8
Add for - Topping 14" - Roma Tomato	per slice	0	0	0	0	0	0	1	1	0	0	0	8
Add for - Topping 14" - Salami	per slice	25	20	2	1	0	6	113	0	0	0	1	8
Add for - Topping 14" - Sausage	per slice	50	43	5	1	0	11	179	1	0	0	2	8
Add for - Topping 14" - Sirloin Steak	per slice	15	5	1	0	0	5	114	1	0	0	2	8
Add for - Topping 14" - Spicy Sausage	per slice	60	50	5	1	0	13	155	1	0	0	3	8
Add for - Topping 14" - Spinach	per slice	0	0	0	0	0	0	19	0	0	<1	0	8
Add for - Topping 14" - Sundried Tomatoes	per slice	35	18	2	0	0	0	130	3	1	2	1	8
Sicilian Pizza - MED 12" - Sicilian Crust, Sicilian Sauce, Four Cheese Blend	per slice	220	66	7	3	0	14	350	29	1	2	9	8
Add for - Topping 12" - Anchovies	per slice	5	3	0	0	0	4	178	0	0	0	0	8
Add for - Topping 12" - Bacon	per slice	40	30	4	1	0	6	115	0	0	0	2	8
Add for - Topping 12" - Banana Pepper	per slice	0	0	0	0	0	0	88	0	0	0	0	8
Add for - Topping 12" - Black Olive	per slice	10	10	1	0	0	0	50	0	0	0	0	8
Add for - Topping 12" - Capocollo Ham	per slice	15	10	1	0	0	4	93	0	0	<1	1	8
Add for - Topping 12" - Chicken Breast Strips	per slice	15	3	0	0	0	9	53	0	0	0	3	8
Add for - Topping 12" - Green Olive	per slice	15	11	1	0	0	0	148	0	0	0	0	8
Add for - Topping 12" - Green Pepper	per slice	0	0	0	0	0	0	0	0	0	0	<1	8
Add for - Topping 12" - Ground Beef	per slice	30	20	2	1	0	7	66	0	0	0	2	8
Add for - Topping 12" - Jalapenos	per slice	0	0	0	0	0	0	71	0	0	0	0	8
Add for - Topping 12" - Meatballs	per slice	20	13	1	1	0	7	61	0	0	<1	1	8
Add for - Topping 12" - Mushroom	per slice	0	0	0	0	0	0	0	1	<1	0	1	8
Add for - Topping 12" - Pepperoni	per slice	25	19	2	2	0	0	111	0	0	0	1	8
Add for - Topping 12" - Pickle Slices	per slice	0	0	0	0	0	0	134	0	0	0	0	8
Add for - Topping 12" - Pineapple Tidbits	per slice	10	0	0	0	0	0	0	2	0	2	0	8
Add for - Topping 12" - Red Onion	per slice	0	0	0	0	0	0	0	1	0	0	<1	8
Add for - Topping 12" - Roasted Garlic	per slice	0	0	0	0	0	0	1	1	<1	0	0	8
Add for - Topping 12" - Roasted Onion	per slice	10	3	0	0	0	0	43	1	0	0	<1	8
Add for - Topping 12" - Roasted Red Pepper	per slice	0	3	0	0	0	0	23	1	0	0	<1	8
Add for - Topping 12" - Roma Tomato	per slice	0	0	0	0	0	0	0	1	0	0	<1	8
Add for - Topping 12" - Salami	per slice	20	15	2	1	0	4	84	0	0	0	1	8
Add for - Topping 12" - Sausage	per slice	35	26	3	1	0	7	110	1	0	0	1	8
Add for - Topping 12" - Sirloin Steak	per slice	10	3	0	0	0	3	71	0	0	0	1	8
Add for - Topping 12" - Spicy Sausage	per slice	35	30	3	1	0	8	94	1	0	0	2	8
Add for - Topping 12" - Spinach	per slice	0	0	0	0	0	0	13	0	0	<1	0	8
Add for - Topping 12" - Sundried Tomatoes	per slice	25	14	2	0	0	0	105	2	1	2	1	8
Sicilian Pizza - SM 8" - Sicilian Crust, Sicilian Sauce, Four Cheese Blend	per slice	210	65	7	3	0	14	333	27	1	2	8	4
Add for - Topping 8" - Anchovies	per slice	5	3	0	0	0	3	143	0	0	0	0	4
Add for - Topping 8" - Bacon	per slice	45	33	4	1	0	6	120	0	0	0	3	4
Add for - Topping 8" - Banana Pepper	per slice	0	0	0	0	0	0	88	0	<1	0	0	4
Add for - Topping 8" - Black Olive	per slice	15	11	1	0	0	0	58	1	0	0	0	4
Add for - Topping 8" - Capocollo Ham	per slice	15	10	1	0	0	5	93	<1	0	0	1	4
Add for - Topping 8" - Chicken Breast Strips	per slice	10	3	0	0	0	6	40	0	0	0	2	4
Add for - Topping 8" - Green Olive	per slice	15	13	1	1	0	0	168	0	0	0	0	4
Add for - Topping 8" - Green Pepper	per slice	0	0	0	0	0	0	0	0	0	<1	0	4
Add for - Topping 8" - Ground Beef	per slice	20	13	2	1	0	5	45	0	0	0	1	4
Add for - Topping 8" - Jalapenos	per slice	0	0	0	0	0	0	73	<1	<1	0	0	4
Add for - Topping 8" - Meatballs	per slice	20	13	2	1	0	6	63	0	0	0	1	4
Add for - Topping 8" - Mushroom	per slice	0	0	0	0	0	0	0	1	0	0	1	4
Add for - Topping 8" - Pepperoni	per slice	25	18	2	2	0	0	110	0	0	0	1	4
Add for - Topping 8" - Pickle Slices	per slice	0	0	0	0	0	0	135	0	0	0	0	4
Add for - Topping 8" - Pineapple Tidbits	per slice	10	0	0	0	0	0	0	3	<1	2	0	4
Add for - Topping 8" - Red Onion	per slice	0	0	0	0	0	0	0	1	<1	0	0	4
Add for - Topping 8" - Roasted Garlic	per slice	0	0	0	0	0	0	0	1	0	0	<1	4
Add for - Topping 8" - Roasted Onion	per slice	10	3	0	0	0	0	43	1	<1	0	0	4
Add for - Topping 8" - Roasted Red Pepper	per slice	5	3	0	0	0	0	23	1	<1	0	0	4
Add for - Topping 8" - Roma Tomato	per slice	0	0	0	0	0	0	0	1	<1	0	0	4
Add for - Topping 8" - Salami	per slice	20	15	2	1	0	4	85	<1	0	<1	1	4
Add for - Topping 8" - Sausage	per slice	30	23	3	1	0	6	100	1	0	0	1	4
Add for - Topping 8" - Sirloin Steak	per slice	10	4	0	0	0	4	70	0	0	<1	1	4
Add for - Topping 8" - Spicy Sausage	per slice	35	30	3	1	0	8	93	1	<1	0	2	4
Add for - Topping 8" - Spinach	per slice	0	0	0	0	0	0	11	<1	<1	0	<1	4
Add for - Topping 8" - Sundried Tomatoes	per slice	25	13	2	0	0	0	98	2	1	2	1	4
(available only at Dayton, OH Pizzerias)													
Add for - Topping 14" - 937 Pepperoni	per slice	60	49	6	2	0	16	176	0	0	0	3	8
Add for - Topping 14" - 937 Sausage	per slice	50	40	5	1	0	10	113	1	0	0	2	8
Add for - Topping 12" - 937 Pepperoni	per slice	45	33	4	1	0	11	118	0	0	0	2	8
Add for - Topping 12" - 937 Sausage	per slice	40	30	3	1	0	8	84	1	0	0	2	8
Add for - Topping 8" - 937 Pepperoni	per slice	45	33	4	2	0	11	118	0	0	0	2	4
Add for - Topping 8" - 937 Sausage	per slice	25	20	2	1	0	5	55	0	0	0	1	4
Sicilian Sauce added to any pizza													
Add for - Sauce 16" - Sicilian Sauce - XLT Traditional	per slice	10	6	1	0	0	0	22	1	0	1	0	16
Add for - Sauce 14" - Sicilian Sauce - Traditional	per slice	6	1	0	0	0	0	23	1	0	1	0	12
Add for - Sauce 14" - Sicilian Sauce - Hand Tossed	per slice	20	9	1	0	0	0	34	2	0	1	0	8
Add for - Sauce 14" - Sicilian Sauce - Pan	per slice	20	9	1	0	0	0	34	2	0	1	0	8
Add for - Sauce 12" - Sicilian Sauce - Traditional	per slice	15	6	1	0	0	0	25	1	0	1	0	8
Add for - Sauce 12" - Sicilian Sauce - Hand Tossed	per slice	15	6	1	0	0	0	25	1	0	1	0	8
Add for - Sauce 12" - Sicilian Sauce - Pan	per slice	15	6	1	0	0	0	25	1	0	1	0	8
Add for - Sauce 8" - Sicilian Sauce - Traditional	per slice	5	1	0	0	0	0	21	1	<1	1	<1	4
Add for - Sauce 8" - Sicilian Sauce - Hand Tossed	per slice	10	5	1	0	0	0	21	1	<1	1	<1	4
Add for - Sauce 8" - Sicilian Sauce - Pan	per slice	10	5	1	0	0	0	21	1	<1	1	<1	4
Add for - Sauce 8" - Sicilian Sauce - Wheat	per slice	10	5	1	0	0	0	21	1	<1	1	<1	4

LAROSA'S NUTRITION INFORMATION													
Menu Item	Portion Size (g)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	#Slices
Add for - Sauce 16" - Sicilian Sauce (add for extra) - XLT Traditional	per slice	10	6	1	0	0	0	22	1	0	1	0	16
Add for - Sauce 14" - Sicilian Sauce (add for extra) - Traditional	per slice	5	2	0	0	0	0	7	0	0	0	<1	12
Add for - Sauce 14" - Sicilian Sauce (add for extra) - Hand Tossed	per slice	5	3	0	0	0	0	10	1	0	0	<1	8
Add for - Sauce 14" - Sicilian Sauce (add for extra) - Pan	per slice	5	3	0	0	0	0	10	1	0	0	<1	8
Add for - Sauce 12" - Sicilian Sauce (add for extra) - Traditional	per slice	5	3	0	0	0	0	13	1	<1	0	0	8
Add for - Sauce 12" - Sicilian Sauce (add for extra) - Hand Tossed	per slice	5	3	0	0	0	0	13	1	<1	0	0	8
Add for - Sauce 12" - Sicilian Sauce (add for extra) - Pan	per slice	5	3	0	0	0	0	13	1	<1	0	0	8
Add for - Sauce 8" - Sicilian Sauce (add for extra) - Traditional	per slice	5	3	0	0	0	0	13	1	0	1	<1	4
Add for - Sauce 8" - Sicilian Sauce (add for extra) - Hand Tossed	per slice	5	3	0	0	0	0	13	1	0	1	<1	4
Add for - Sauce 8" - Sicilian Sauce (add for extra) - Pan	per slice	5	3	0	0	0	0	13	1	0	1	<1	4
Add for - Sauce 8" - Sicilian Sauce (add for extra) - Wheat	per slice	5	3	0	0	0	0	13	1	0	1	<1	4

INGREDIENT	INGREDIENT LISTING	EGG	FISH	MILK	PEANUT	SHELLFISH	SOY	TREE NUTS	WHEAT	MSG
SICILIAN PIZZA CRUST	FLOUR (WHEAT FLOUR, NON-ENRICHED), MALTED BARLEY FLOUR), WATER, SOYBEAN OIL, YEAST, SUGAR, SALT, SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE, DATEM, SOUR BLEND (WHEAT FLOUR, CORN FLOUR, ACETIC ACID, VEGETABLE OIL (PARTIALLY HYDROGENATED SOYBEAN, COTTONSEED AND/OR CANOLA OILS))								X	
OLIVE OIL, CLASSIC	REFINED OLIVE OIL									
SICILIAN SAUCE										
SICILIAN PIZZA SAUCE BASE	VINE-RIPENED TOMATOES, TOMATO PUREE (WATER, TOMATO PASTE), NATURAL FLAVORS, SALT, CITRIC ACID									
OLIVE OIL, EXTRA VIRGIN	EXTRA VIRGIN OLIVE OIL									
GARLIC FRESH PEELED	100% PEELED GARLIC (NO PRESERVATIVES OR ADDITIVES)									
OREGANO	OREGANO									
PEPPER	BLACK PEPPER									
FOUR-CHEESE BLEND										
PROVOLONE CHEESE, SHREDDED	PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES (ANIMAL BASED LIPASE AND MICROBIAL RENNET), POWDERED CELLULOSE ADDED TO PREVENT CAKING, AND NATAMYCIN (A NATURAL MOLD INHIBITOR)			X						
FRESH MOZZARELLA	PASTEURIZED MILK, VINEGAR, SALT, ENZYMES			X						
RICOTTA CHEESE	WHEY, MILK, VINEGAR AND XANTHAN GUM, LOCUST BEAN GUM, GUAR GUM (STABILIZERS)			X						
ROMANO CHEESE	IMPORTED PECORINO ROMANO CHEESE (PASTEURIZED SHEEP'S MILK, CHEESE CULTURES, SALT, ENZYMES AND POWDERED CELLULOSE (ANTI-CAKING AGENT))			X						
OREGANO	OREGANO									
ANCHOVIES	ANCHOVY FILLETS, OLIVE OIL, AND SALT		X							
BACON	CURED WITH: WATER, SALT, SODIUM NITRITE. CONTAINS ONE OR MORE OF FOLLOWING: SUGAR, DEXTROSE, BROWN SUGAR, SMOKE FLAVORING, SODIUM PHOSPHATES, SODIUM ERYTHORBATE, SODIUM ASCORBATE, POTASSIUM CHLORIDE, APPLE FLAVOR (MAY CONTAIN WATER, SUGAR, DEXTROSE, NATURAL FLAVORING), SEASONING (FLAVORING, MAY CONTAIN SALT, DEXTROSE, OR CORN SYRUP), FLAVORING.									
BANANA PEPPERS	FRESH PEPPERS, WATER, VINEGAR, SALT, CALCIUM CHLORIDE, SODIUM BENZOATE (PRESERVATIVE), NATURAL FLAVORS, YELLOW 5, SODIUM METABISULFITE (PRESERVATIVE)									
BLACK OLIVES, SLICED	RIPE OLIVES, WATER, SALT, AND FERROUS GLUCONATE (ADDED TO STABILIZE COLOR)									
CAPOCOLLA HAM	CURED WITH WATER, SALT, SODIUM LACTATE, SUGAR, SODIUM PHOSPHATE, SODIUM DIACETATE, SODIUM ERYTHORBATE, SODIUM NITRATE (COATED WITH SPICES AND PAPRIKA)									
CHICKEN BREAST STRIPS	SKINLESS BONELESS CHICKEN BREAST MEAT WITH RIB MEAT, WATER, POTATO STARCH, SEASONING (SUGAR, GARLIC, ROMANO CHEESE (PART SKIM COW'S MILK, CHEESE CULTURES, SALT, ENZYMES), DEHYDRATED ONION), ISOLATED SOY PROTEIN, SEA SALT, COATED WITH CORN FLOUR, WHEAT FLOUR, SALT, CORN STARCH, SPICES, PAPRIKA, GARLIC POWDER, EXTRACTIVES OF PAPRIKA					X		X	X	
GARLIC FRESH PEELED	100% PEELED GARLIC (NO PRESERVATIVES OR ADDITIVES)									
GREEN OLIVES, SLICED	OLIVES, WATER, SEA SALT, LACTIC ACID									
GREEN PEPPER STRIPS	100% FRESH GREEN PEPPERS									
GROUND BEEF CRUMBLES	BEEF, SALT, SPICES									
JALAPENO PEPPERS	FRESH PEPPERS, WATER, VINEGAR, SALT, CALCIUM CHLORIDE, SODIUM BENZOATE, NATURAL FLAVORS, YELLOW 5, SODIUM METABISULFITE									
MEATBALLS	BEEF, PORK, WATER, RICOTTA CHEESE (PASTEURIZED PART-SKIM MILK, FRESH WHEY, CREAM, VINEGAR, SALT), WHOLE EGGS, BREAD CRUMBS (WHEAT FLOUR, ENRICHED, MALTED, BROMATED [WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, POTASSIUM BROMATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID]), WATER, PALM OIL, SALT, SWEET WHEY, SUGAR, YEAST [NATURAL YEAST, SORBITAN MONOSTEARATE, ASCORBIC ACID], CALCIUM PROPIONATE, SODIUM METABISULFITE), ROMANO CHEESE (SHEEP'S MILK, CHEESE CULTURE, SALT, ENZYMES, CALCIUM PROPIONATE), CONTAINS LESS THAN 2% OF SALT, DEHYDRATED GARLIC, SPICES, DEHYDRATED PARSLEY, BROWN SUGAR, CARAMEL COLOR	X		X					X	
MUSHROOM SLICES	100% FRESH MUSHROOMS									
PEPPERONI	PORK, BEEF, SALT, SPICES, SUGAR, WATER, OLEORESIN OF PAPRIKA, NATURAL SMOKE FLAVORING, LACTIC ACID STARTER CULTURE, GARLIC POWDER, FLAVORING, SODIUM NITRITE, ASCORBIC ACID, BHA, BHT, CITRIC ACID									
PICKLE SLICES	CUCUMBERS, WATER, VINEGAR, SALT, CALCIUM CHLORIDE (FIRMING AGENT), LACTIC ACID, NATURAL FLAVORS, SODIUM BENZOATE, AND TURMERIC									

INGREDIENT	INGREDIENT LISTING	EGG	FISH	MILK	PEANUT	SHELLFISH	SOY	TREE NUTS	WHEAT	MSG
PINEAPPLE	PINEAPPLE, WATER, SUGAR, CITRIC ACID AND ASCORBIC ACID (VITAMIN C)									
RED ONION	100% FRESH RED ONION									
ROASTED ONIONS	YELLOW ONIONS, CARAMELIZED SUGAR, CARAMEL COLOR, CANOLA OIL, CONTAINS LESS THAN 2% OF OLIVE OIL, SPICES, SALT									
ROASTED RED PEPPERS	RED BELL PEPPERS, CANOLA OIL, CONTAINS LESS THAN 2% OF SPICE, OLIVE OIL, SALT									
ROMA TOMATOES	100% FRESH ROMA TOMATOES									
SALAMI GENOA	PORK, BEEF, SALT, DEXTROSE, LACTIC ACID STARTER CULTURE, SPICES, SODIUM ASCORBATE, SODIUM NITRITE, GARLIC POWDER, BHA, BHT, CITRIC ACID *BHA & BHT WITH CITRIC ACID ADDED TO HELP PROTECT FLAVOR									
SAUSAGE CRUMBLES	PORK, SALT, SPICES, WATER, CORN SYRUP SOLIDS, PAPRIKA, FLAVORING, DISODIUM INOSINATE AND DISODIUM GUANYLATE, BHA, BHT, PROPYL GALLATE									
SIRLOIN STEAK MEAT	BEEF, WATER, SOY PROTEIN CONCENTRATE, SALT, BROWN SUGAR, MODIFIED FOOD STARCH, DEXTROSE, HYDROLYZED SOY AND CORN PROTEIN, CORN SYRUP SOLIDS, CARAMEL COLOR, TOMATO POWDER, ONION POWDER, GARLIC POWDER, TORULA YEAST, CITRIC ACID, SPICES (INCLUDING CELERY SEED), LEMON JUICE, SOLIDS, NATURAL FLAVOR. COATED WITH WATER, SALT, BROWN SUGAR, DEXTROSE, HYDROLYZED SOY AND CORN PROTEIN, TORULA YEAST, CORN SYRUP SOLIDS, CARAMEL COLOR, TOMATO POWDER, ONION POWDER, GARLIC POWDER, SPICES (INCLUDING CELERY SEED), CITRIC ACID, NATURAL FLAVOR						X			
SPICY SAUSAGE CRUMBLES	PORK, SPICES, SALT, WATER, CORN SYRUP SOLIDS, PAPRIKA, PAPRIKA EXTRACT, FLAVORING, DISODIUM INOSINATE AND DISODIUM GUANYLATE, ANNATTO EXTRACT, BHA, BHT, PROPYL GALLATE									
SPINACH	SPINACH									
SUNDRIED TOMATOES STRIPS	SUN DRIED ROMA TOMATOES, WATER, CANOLA OIL, SUGAR, SPICES, DEHYDRATED ONION, DEHYDRATED GARLIC, SALT, CITRIC ACID, SULFUR DIOXIDE AND/OR SODIUM METABISULFITE									
(available only at Dayton Pizzerias)										
937 PEPPERONI	PORK, SPICES, SALT, WATER, CORN SYRUP SOLIDS, PAPRIKA, GARLIC, SUGAR, LEMON JUICE POWDER (CORN SYRUP SOLIDS, LEMON JUICE SOLIDS, LEMON OIL), BHA, BHT, CITRIC ACID									
937 SAUSAGE	PORK, BEEF, SALT, SPICES, SUGAR, WATER, OLEORESIN OF PAPRIKA, NATURAL SMOKE FLAVORING, LACTIC ACID STARTER CULTURE, GARLIC POWDER, FLAVORING, SODIUM NITRITE, ASCORBIC ACID, BHA, BHT, CITRIC ACID									

The ingredient information contained herein is accurate and correct to the best of our ability. Products may change without notice or may be substituted by the supplier. The document is provided for informational purposes only. Please discuss any questions you have with your health care professional.

DO YOU HAVE FOOD ALLERGIES OR SENSITIVITIES?

Some of our food items contain ingredients known to be common food allergens, all of our food items are prepared in a common kitchen and menu items may be cooked in the same oil as an item containing an allergen. Additional menu selections may be chosen by individual pizzerias at their discretion. These products may contain allergens or may be processed in a plant that manufactures products containing allergens. Contact your health care professional if you have any questions relating to your specific circumstance.

The above information may be used to plan a balanced diet. Your individual nutritional requirements may be higher or lower depending on your calorie needs. Nutrition data is collected by computer analysis of data from the U.S. Department of Agriculture and our suppliers. Nutrition analysis is provided by a third party registered dietician service and is accurate to the best of our ability. Products may change without notice or substitutions by suppliers and/or franchisees may alter the nutritional values of any item. The document is provided for informational purposes only. Please discuss any questions you have with your health care professional. If you have any questions about LaRosa's food, please contact our Guest Service Center at (513) 347-1111.

The information in this report was created by MenuCalc®, a FoodCALC® nutrition analysis product. www.foodcalc.com

		2,000 calories	2,500 calories
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Carbohydrates		300 g	375 g
Calories per gram: Fat 9 – Carbohydrate 4 – Protein 4			