

# LaRosa's Spicy Hot Classic Pizza

Limited Time: January-March, 2019

(AVAILABLE ONLINE AT [www.larosas.com](http://www.larosas.com) - Nutrition link)

## NUTRITION INFORMATION

Menu Item	Portion Size (g)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	#Svngs
<b>SPICY HOT PIZZA</b>													<b>#Slices</b>
Pizza - Spicy Hot Classic - 16" Extra Large - Traditional	Per Slice	190	69	8	4	0	26	498	19	1	2	11	16
Pizza - Spicy Hot Classic - 14" Large - Traditional	Per Slice	200	68	8	4	0	25	498	20	2	2	11	12
Pizza - Spicy Hot Classic - 14" Large - Pan	Per Slice	380	111	13	6	0	38	995	46	3	4	19	8
Pizza - Spicy Hot Classic - 14" Large - Hand Tossed	Per Slice	370	99	11	6	0	38	995	46	3	4	19	8
Pizza - Spicy Hot Classic - 12" Medium - Traditional	Per Slice	200	66	8	4	0	24	499	21	2	2	11	8
Pizza - Spicy Hot Classic - 12" Medium - Pan	Per Slice	250	70	8	4	0	24	658	31	2	3	12	8
Pizza - Spicy Hot Classic - 12" Medium - Hand Tossed	Per Slice	240	64	7	4	0	24	658	31	2	3	12	8
Pizza - Spicy Hot Classic - 8" Small - Traditional	Per Slice	180	65	8	4	0	24	480	18	2	2	10	4
Pizza - Spicy Hot Classic - 8" Small - Pan	Per Slice	240	68	8	4	0	24	635	29	2	3	12	4
Pizza - Spicy Hot Classic - 8" Small - Hand Tossed	Per Slice	230	63	7	4	0	24	635	29	2	3	12	4
Pizza - Spicy Hot Classic - 8" Small - Multigrain Wheat	Per Slice	180	53	6	4	0	24	610	21	3	2	11	4
<b>CALZONE</b>													
Spicy Hot Calzone	Per Slice	310	100	12	6	0	33	807	36	2	2	16	3

## INGREDIENTS

		EGG	FISH	MILK	PEANUT	SHELLFISH	SOY	TREE NUTS	WHEAT	MSG
<b>SPICY HOT CLASSIC PIZZA</b>	<b>YOUR CHOICE OF CRUST + PIZZA SAUCE, PROVOLONE, SPICY HOT MEAT, JALAPENOS</b>									
TRADITIONAL PIZZA CRUST	FLOUR (WHEAT FLOUR, NON-ENRICHED), MALTED BARLEY FLOUR), WATER, SOYBEAN OIL, YEAST, SUGAR, SALT								X	
HAND TOSSED PIZZA CRUST	FLOUR (WHEAT FLOUR, NON-ENRICHED), MALTED BARLEY FLOUR), WATER, SOYBEAN OIL, YEAST, SUGAR, SALT, SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE, DATEM, SOUR BLEND (WHEAT FLOUR, CORN FLOUR, ACETIC ACID, VEGETABLE OIL (PARTIALLY HYDROGENATED SOYBEAN, COTTONSEED AND/OR CANOLA OILS))								X	
PAN PIZZA CRUST	FLOUR (WHEAT FLOUR, NON-ENRICHED), MALTED BARLEY FLOUR), WATER, SOYBEAN OIL, YEAST, SUGAR, SALT, SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE, DATEM, SOUR BLEND (WHEAT FLOUR, CORN FLOUR, ACETIC ACID, VEGETABLE OIL (PARTIALLY HYDROGENATED SOYBEAN, COTTONSEED AND/OR CANOLA OILS))								X	
<i>prepared with OLIVE OIL, CLASSIC</i>	<i>REFINED OLIVE OIL</i>									
MULTIGRAIN WHEAT PIZZA CRUST	WHOLE GRAIN WHEAT FLOUR, SPELT FLOUR, FLOUR (WHEAT FLOUR (UNBLEACHED, NON-ENRICHED), MALTED BARLEY FLOUR), 7-GRAIN CEREAL (WHOLE GRAIN HARD RED WHEAT, RYE, OATS, TRITICALE (WHEAT), BARLEY, BROWN RICE, OAT BRAN, FLAXSEED), WATER, YEAST (YEAST, SORBITAN MONOSTEARATE, ASCORBIC ACID), SEA SALT (SEA SALT, TRICALCIUM PHOSPHATE), EXTRA VIRGIN OLIVE OIL								X	
PIZZA SAUCE	WATER, TOMATO PASTE, SUGAR, SALT, SPICES, GARLIC POWDER & CITRIC ACID									
PROVOLONE CHEESE, SHREDDED	PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES (ANIMAL BASED LIPASE AND MICROBIAL RENNET), POWDERED CELLULOSE ADDED TO PREVENT CAKING, AND NATAMYCIN (A NATURAL MOLD INHIBITOR)			X						
SPICY HOT MEAT	BEEF, WATER, ONION, JALAPENO PEPPERS (with salt and acetic acid), TEXTURED VEGETABLE PROTEIN (soy protein concentrate, caramel color), SPICES, SALT, SEASONING (salt, spices, dehydrated garlic, paprika, dehydrated onion), SUGAR, CHILI POWDER (chili pepper, spices, salt, garlic powder), DEHYDRATED GARLIC						X			
JALAPENO PEPPERS	FRESH PEPPERS, WATER, VINEGAR, SALT, CALCIUM CHLORIDE, SODIUM BENZOATE, NATURAL FLAVORS, YELLOW 5, SODIUM METABISULFITE									

INGREDIENTS		EGG	FISH	MILK	PEANUT	SHELLFISH	SOY	TREE NUTS	WHEAT	MSG
<b>SPICY HOT CALZONE</b>		<b>CALZONE DOUGH + PROVOLONE, SPICY HOT MEAT, JALAPENOS</b>								
<b>CALZONE DOUGH</b>	FLOUR (WHEAT FLOUR, NON-ENRICHED), MALTED BARLEY FLOUR), WATER, SOYBEAN OIL, YEAST, SUGAR, SALT, SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE, DATEM, SOUR BLEND (WHEAT FLOUR, CORN FLOUR, ACETIC ACID, VEGETABLE OIL (PARTIALLY HYDROGENATED SOYBEAN, COTTONSEED AND/OR CANOLA OILS))								X	
<b>PROVOLONE CHEESE, SHREDDED</b>	PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES (ANIMAL BASED LIPASE AND MICROBIAL RENNET), POWDERED CELLULOSE ADDED TO PREVENT CAKING, AND NATAMYCIN (A NATURAL MOLD INHIBITOR)			X						
<b>SPICY HOT MEAT</b>	BEEF, WATER, ONION, JALAPENO PEPPERS (with salt and acetic acid), TEXTURED VEGETABLE PROTEIN (soy protein concentrate, caramel color), SPICES, SALT, SEASONING (salt, spices, dehydrated garlic, paprika, dehydrated onion), SUGAR, CHILI POWDER (chili pepper, spices, salt, garlic powder), DEHYDRATED GARLIC						X			
<b>JALAPENO PEPPERS</b>	FRESH PEPPERS, WATER, VINEGAR, SALT, CALCIUM CHLORIDE, SODIUM BENZOATE, NATURAL FLAVORS, YELLOW 5, SODIUM METABISULFITE									
<b>GARLIC SAUCE</b>	REFINED SOYBEAN OIL, WATER, PALM OIL, SALT, GARLIC POWDER, MONO AND DIGLYCERIDES, SILICON DIOXIDE, ARTIFICIAL FLAVOR (SUNFLOWER OIL, ARTIFICIAL FLAVOR), WHEY PROTEIN CONCENTRATE, BETA CAROTINE, CITRIC ACID, POLYSORBATE 6, NATURAL FLAVOR, PROPYLENE GLYCOL ALGINATE, XANTHAN GUM, SODIUM BENZOATE, POTASSIUM BENZOATE, TOCOPHEROL AND EDTA DISODIUM			X						
<b>ROMANO HERB MIX</b>										
<b>ROMANO CHEESE</b>	IMPORTED PECORINO ROMANO CHEESE (PASTEURIZED SHEEP'S MILK, CHEESE CULTURES, SALT, ENZYMES AND POWDERED CELLULOSE (ANTI-CAKING AGENT))			X						
<b>OREGANO</b>	OREGANO									

The ingredient information contained herein is accurate and correct to the best of our ability. Products may change without notice or may be substituted by the supplier. The document is provided for informational purposes only. Please discuss any questions you have with your health care professional. DO YOU HAVE FOOD ALLERGIES OR SENSITIVITIES? Some of our food items contain ingredients known to be common food allergens, all of our food items are prepared in a common kitchen and menu items may be cooked in the same oil as an item containing an allergen. Additional menu selections may be chosen by individual pizzerias at their discretion. These products may contain allergens or may be processed in a plant that manufactures products containing allergens. Contact your health care professional if you have any questions relating to your specific circumstance.

The above nutrition information may be used to plan a balanced diet. Your individual nutritional requirements may be higher or lower depending on your calorie needs. Nutrition data is collected by computer analysis of data from the U.S. Department of Agriculture and our suppliers. Nutrition analysis is provided by a third party registered dietician service and is accurate to the best of our ability. Products may change without notice or substitutions by suppliers and/or franchisees may alter the nutritional values of any item. The document is provided for informational purposes only. Please discuss any questions you have with your health care professional. If you have any questions about LaRosa's food, please contact our Guest Service Center at (513) 347-1111.

The information in this report was created by MenuCalc®, a FoodCALC® nutrition analysis product. www.foodcalc.com