

2/23/23

Gluten-Free Pizza Basics:

Toppings

Bacon	Black Olives	Capocollo Ham
Green Olives	Green Pepper	Ground Beef
Mushrooms	Pepperoni	Pineapple
Red Onion	Roma Tomato	Salami
Sausage	Spicy Sausage	Spinach

Gluten-free Cauliflower Crust Pizza - Range per Slice	per slice	140 - 170	7 - 10	4 - 5	0 - 0	17 - 25	368 - 558	21 - 23	1 - 1	1 - 3	7 - 9	6
Menu Item	Portion Size (g)	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	#Slices
GLUTEN-FREE PIZZAS - Build your custom pizza with the values below												#Slices
Crust - (no sauce or cheese) - Gluten Free Cauliflower	per slice	90	2	0	0	0	198	19	1	0	2	6
Add for - Gluten-Free Sauce - Pizza Sauce	per slice	0	0	0	0	0	42	1	0	1	0	6
Add for - Gluten-Free Sauce - Pizza Sauce (add for extra)	per slice	0	0	0	0	0	25	1	<1	1	<1	6
Add for - Gluten-Free Sauce - BBQ Sauce	per slice	15	0	0	0	0	117	5	0	5	0	6
Add for - Gluten-Free Sauce - BBQ Sauce (add for extra)	per slice	8	0	0	0	0	58	3	0	3	0	6
Add for - Gluten-Free Sauce - Ranch Dressing as Sauce	per slice	50	7	1	0	3	108	1	0	1	0	6
Add for - Gluten-Free Sauce - Ranch Dressing as Sauce (add for extra)	per slice	25	4	1	0	1	53	0	0	0	0	6
Add for - Gluten-Free Topping - Provolone	per slice	50	5	3	0	17	128	1	0	0	5	6
Add for - Gluten-Free Topping - Provolone (add for extra)	per slice	25	2	2	0	8	63	0	0	0	2	6
Add for - Gluten-Free Topping - Bacon	per slice	25	3	1	0	5	97	0	0	0	2	6
Add for - Gluten-Free Topping - Black Olive	per slice	10	1	0	0	0	62	1	0	0	0	6
Add for - Gluten-Free Topping - Capocollo Ham	per slice	10	1	0	0	4	65	0	0	0	1	6
Add for - Gluten-Free Topping - Green Olive	per slice	15	2	1	0	0	190	0	0	0	0	6
Add for - Gluten-Free Topping - Green Pepper	per slice	0	0	0	0	0	0	0	<1	0	0	6
Add for - Gluten-Free Topping - Ground Beef	per slice	15	2	1	0	5	50	0	0	0	1	6
Add for - Gluten-Free Topping - Mushroom	per slice	0	0	0	0	0	0	1	<1	<1	1	6
Add for - Gluten-Free Topping - Red Onion	per slice	0	0	0	0	0	0	1	<1	0	0	6
Add for - Gluten-Free Topping - Pepperoni	per slice	15	2	1	0	3	85	<1	0	<1	1	6
Add for - Gluten-Free Topping - Pineapple	per slice	5	0	0	0	0	0	2	0	2	0	6
Add for - Gluten-Free Topping - Roma Tomato	per slice	0	0	0	0	0	0	1	<1	0	<1	6
Add for - Gluten-Free Topping - Salami	per slice	10	1	0	0	4	63	<1	0	0	1	6
Add for - Gluten-Free Topping - Sausage	per slice	20	3	1	0	6	95	1	0	0	1	6
Add for - Gluten-Free Topping - Spicy Sausage	per slice	20	3	1	0	6	75	1	<1	0	1	6
Add for - Gluten-Free Topping - Spinach	per slice	0	0	0	0	0	8	<1	<1	0	<1	6

[illegible]

GLUTEN-FREE PIZZA INGREDIENT LISTING (continued)										
INGREDIENT	INGREDIENT LISTING	EGG	FISH	MILK	PEANUT	SHELLFISH	SOY	TREE NUTS	WHEAT	SESAME
PEPPERONI	PORK, BEEF, SALT, SPICES, SUGAR, WATER, EXTRACTIVE OF PAPRIKA, NATURAL SMOKE FLAVOR, LACTIC ACID STARTER CULTURE, GARLIC POWDER, SODIUM NITRITE, ASCORBIC ACID, BHA, BHT, CITRIC ACID									
PINEAPPLE	PINEAPPLE TIDBITS, WATER, SUGAR, CITRIC ACID AND ASCORBIC ACID (TO PROMOTE COLOR RETENTION)									
RED ONION	100% FRESH RED ONION									
ROMA TOMATOES	100% FRESH ROMA TOMATOES									
SALAMI GENOA	PORK, BEEF, SALT, CONTAINS 2% OR LESS CORN SYRUP SOLIDS, DEXTROSE, SUGAR, LACTIC ACID STARTER CULTURE, SODIUM ERYTHORBATE, NATURAL FLAVORING, SPICES, GARLIC POWDER, SODIUM NITRITE, BHA, BHT, CITRIC ACID									
SAUSAGE CRUMBLES	PORK, SALT, SPICES, WATER, CORN SYRUP SOLIDS, PAPRIKA, FLAVORING, DISODIUM INOSINATE AND DISODIUM GUANYLATE, BHA, BHT, PROPYL GALLATE									
SPICY SAUSAGE CRUMBLES	PORK, SPICES, SALT, WATER, CORN SYRUP SOLIDS, PAPRIKA, PAPRIKA EXTRACT, FLAVORING, DISODIUM INOSINATE AND DISODIUM GUANYLATE, ANNATTO EXTRACT, BHA, BHT, PROPYL GALLATE									
SPINACH	SPINACH									

The ingredient information contained herein is accurate and correct to the best of our ability. Products may change without notice or be substituted by the supplier. The document is provided for informational purposes only. Please discuss any questions you have with your health care professional. Some of our food items contain ingredients known to be common food allergens, all of our food items are prepared in a common kitchen and menu items may be cooked in the same oil as an item containing an allergen. Contact your health care professional if you have any questions relating to your specific circumstance.

If you would like additional information, please contact: Guest Service Center - at contact_us@larosas.com

- List of gluten-free pizzerias
- Cincinnati, OH –**
Anderson (Beechmont Ave. near Asbury),
Boudinot (near corner of Glenway and Boudinot),
Kenwood (Montgomery Rd. south of Kenwood Towne Center),
Mason (corner of Triway Dr. and St. Rt. 42),
Queensgate (at W 8th St. and Dalton by the Viaduct),
Festhaus at Kings Island,
Cincinnati Children's Hospital

Northern Kentucky –
Hebron (corner of Rt. 237 and Rt. 20),
Taylor Mill – Trifecta (Across from Remke Shopping Center),
Dry Ridge (I75 South to KY22, take Exit 159 toward Dry Ridge/Owenton, Left onto KY022/KY467/Broadway Street, Left onto Blackburn Ln)

Dayton, OH – Centerville (corner of Alex Bell and Loop Rds)

Columbus, OH – Dublin (In Avery Square)

Oxford, OH (between Lynn Ave. and Locus St.)

Jackson, OH (On the corner of State Route 32 and State Route 93 near the Days Inn)

Lexington, KY –
Lexington Richmond Rd (Richmond Rd between Man O' War and New Circle, next to Skyline and First Watch),
Lexington Southland Drive (located on the corner of Southland Dr and Nicholasville Rd, less than 4 miles South of Rupp Arena),

Louisville, KY -
Springhurst (I-71 S to KY-1447/Westport Rd. Take exit 32 from I-265 W/KY-841 S/Gene Snyder Fwy. Follow KY-1447/Westport Rd and Towne Center Dr to Fischer Park Dr.)