



LAROSA'S INGREDIENT AND ALLERGEN LISTING

Updated 2/10/20

The ingredient information contained herein is accurate and correct to the best of our ability. Products may change without notice or may be substituted by the supplier.
The document is provided for informational purposes only. Please discuss any questions you have with your health care professional.

DO YOU HAVE FOOD ALLERGIES OR SENSITIVITIES?

Some of our food items contain ingredients known to be common food allergens, all of our food items are prepared in a common kitchen and menu items may be cooked in the same oil as an item containing an allergen.

Additional menu selections may be chosen by individual pizzerias at their discretion. These products may contain allergens or may be processed in a plant that manufactures products containing allergens.

Contact your health care professional if you have any questions relating to your specific circumstance.

| Updated 2/10/20 | | EGG | FISH | MILK | PEANUT | SHELLFISH | SOY* | TREE NUTS | WHEAT | MSG |
|--------------------------------|--|-----|------|------|--------|-----------|------|-----------|-------|-----|
| PHILLY STEAK CALZONE | CALZONE DOUGH, GARLIC SAUCE, 4 CHEESE BLEND, SIRLOIN STEAK STRIPS, SHARP WHITE CHEDDAR, RED ONION, BANANA PEPPERS + ROMANO HERB MIX | | | | | | | | | |
| PHILLY CHICKEN CALZONE | CALZONE DOUGH, GARLIC SAUCE, 4 CHEESE BLEND, CHICKEN BREAST STRIPS, SHARP WHITE CHEDDAR, RED ONION, BANANA PEPPERS + ROMANO HERB MIX | | | | | | | | | |
| CREATE YOUR OWN CALZONE | CALZONE DOUGH, GARLIC SAUCE + 4 CHEESE BLEND OR PROVOLONE + YOUR CHOICE OF UP TO THREE FILLINGS (check allergens individually on any fillings you choose) + ROMANO HERB MIX | | | | | | | | | |
| ANCHOVIES | ANCHOVY FILLETS, OLIVE OIL, AND SALT | | X | | | | | | | |
| BACON | CURED WITH: WATER, SALT, SODIUM NITRITE. CONTAINS ONE OR MORE OF FOLLOWING: SUGAR, DEXTROSE, BROWN SUGAR, SMOKE FLAVORING, SODIUM PHOSPHATES, SODIUM ERYTHORBATE, SODIUM ASCORBATE, POTASSIUM CHLORIDE, APPLE FLAVOR (MAY CONTAIN WATER, SUGAR, DEXTROSE, NATURAL FLAVORING), SEASONING (FLAVORING, MAY CONTAIN SALT, DEXTROSE, OR CORN SYRUP), FLAVORING. | | | | | | | | | |
| BANANA PEPPERS | FRESH PEPPERS, WATER, VINEGAR, SALT, CALCIUM CHLORIDE, SODIUM BENZOATE (PRESERVATIVE), NATURAL FLAVORS, YELLOW 5, SODIUM METABISULFITE (PRESERVATIVE) | | | | | | | | | |
| BLACK OLIVES, SLICED | RIPE OLIVES, WATER, SALT, AND FERROUS GLUCONATE (ADDED TO STABILIZE COLOR) | | | | | | | | | |
| CALZONE DOUGH | FLOUR (WHEAT FLOUR, NON-ENRICHED), MALTED BARLEY FLOUR), WATER, SOYBEAN OIL, YEAST, SUGAR, SALT, SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE, DATEM, SOUR BLEND (WHEAT FLOUR, CORN FLOUR, ACETIC ACID, VEGETABLE OIL (PARTIALLY HYDROGENATED SOYBEAN, COTTONSEED AND/OR CANOLA OILS)) | | | | | | | | X | |
| CAPOCOLLA HAM | CURED WITH WATER, SALT, SODIUM LACTATE, SUGAR, SODIUM PHOSPHATE, SODIUM DIACETATE, SODIUM ERYTHORBATE, SODIUM NITRATE (COATED WITH SPICES AND PAPRIKA) | | | | | | | | | |
| CHICKEN BREAST STRIPS | SKINLESS BONELESS CHICKEN BREAST MEAT WITH RIB MEAT, WATER, POTATO STARCH, SEASONING (SUGAR, GARLIC, ROMANO CHEESE (PART SKIM COW'S MILK, CHEESE CULTURES, SALT, ENZYMES), DEHYDRATED ONION), ISOLATED SOY PROTEIN, SEA SALT, COATED WITH CORN FLOUR, WHEAT FLOUR, SALT, CORN STARCH, SPICES, PAPRIKA, GARLIC POWDER, EXTRACTIVES OF PAPRIKA | | | X | | | X | | X | |
| FOUR-CHEESE BLEND | | | | | | | | | | |
| PROVOLONE CHEESE, SHREDDED | PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES (ANIMAL BASED LIPASE AND MICROBIAL RENNET), POWDERED CELLULOSE ADDED TO PREVENT CAKING, AND NATAMYCIN (A NATURAL MOLD INHIBITOR) | | | X | | | | | | |
| FRESH MOZZARELLA | PASTEURIZED MILK, VINEGAR, SALT, ENZYMES | | | X | | | | | | |
| RICOTTA CHEESE | WHEY, MILK, VINEGAR AND XANTHAN GUM, LOCUST BEAN GUM, GUAR GUM (STABILIZERS) | | | X | | | | | | |
| ROMANO CHEESE | PASTEURIZED COW'S MILK, CHEESE CULTURES, SALT, ENZYMES AND POWDERED CELLULOSE ADDED TO PREVENT CAKING, POTASSIUM SORBATE TO PROTECT FLAVOR | | | X | | | | | | |
| OREGANO | OREGANO | | | | | | | | | |
| FRESH MOZZARELLA | PASTEURIZED MILK, VINEGAR, SALT, ENZYMES | | | X | | | | | | |
| GARLIC FRESH PEELED | 100% PEELED GARLIC (NO PRESERVATIVES OR ADDITIVES) | | | | | | | | | |
| GARLIC SAUCE | REFINED SOYBEAN OIL, WATER, PALM OIL, SALT, GARLIC POWDER, MONO AND DIGLYCERIDES, SILICON DIOXIDE, ARTIFICIAL FLAVOR (SUNFLOWER OIL, ARTIFICIAL FLAVOR), WHEY PROTEIN CONCENTRATE, BETA CAROTINE, CITRIC ACID, POLYSORBATE 6, NATURAL FLAVOR, PROPYLENE GLYCOL ALGINATE, XANTHAN GUM, SODIUM BENZOATE, POTASSIUM BENZOATE, TOCOPHEROL AND EDTA DISODIUM | | | X | | | | | | |
| GREEN PEPPER STRIPS | 100% FRESH GREEN PEPPERS | | | | | | | | | |
| GREEN OLIVES, SLICED | OLIVES, WATER, SEA SALT, LACTIC ACID | | | | | | | | | |
| GROUND BEEF CRUMBLES | BEEF, SALT, SPICES | | | | | | | | | |
| JALAPENO PEPPERS | FRESH PEPPERS, WATER, VINEGAR, SALT, CALCIUM CHLORIDE, SODIUM BENZOATE, NATURAL FLAVORS, YELLOW 5, SODIUM METABISULFITE | | | | | | | | | |
| MEATBALLS | BEEF, PORK, WATER, RICOTTA CHEESE (PASTEURIZED PART-SKIM MILK, FRESH WHEY, CREAM, VINEGAR, SALT), WHOLE EGGS, BREAD CRUMBS (WHEAT FLOUR, ENRICHED, MALTED, BROMATED [WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, POTASSIUM BROMATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WATER, PALM OIL, SALT, SWEET WHEY, SUGAR, YEAST [NATURAL YEAST, SORBITAN MONOSTEARATE, ASCORBIC ACID], CALCIUM PROPIONATE, SODIUM METABISULFITE), ROMANO CHEESE (SHEEP'S MILK, CHEESE CULTURE, SALT, ENZYMES, CALCIUM PROPIONATE), CONTAINS LESS THAN 2% OF SALT, DEHYDRATED GARLIC, SPICES, DEHYDRATED PARSLEY, BROWN SUGAR, CARAMEL COLOR | X | | X | | | | | X | |
| MULTIGRAIN WHEAT CALZONE DOUGH | WHOLE GRAIN WHEAT FLOUR, SPELT FLOUR, FLOUR (WHEAT FLOUR (UNBLEACHED, NON-ENRICHED), MALTED BARLEY FLOUR), 7-GRAIN CEREAL (WHOLE GRAIN HARD RED WHEAT, RYE, OATS, TRITICALE (WHEAT), BARLEY, BROWN RICE, OAT BRAN, FLAXSEED), WHEAT BRAN (100% SOFT WHITE WHEAT BRAN), WATER, YEAST (YEAST, SORBITAN MONOSTEARATE, ASCORBIC ACID), SEA SALT (SEA SALT, TRICALCIUM PHOSPHATE), EXTRA VIRGIN OLIVE OIL | | | | | | | | X | |
| MUSHROOM SLICES | 100% FRESH MUSHROOMS | | | | | | | | | |
| OLIVE OIL, EXTRA VIRGIN | EXTRA VIRGIN OLIVE OIL | | | | | | | | | |
| PEPPERONI | PORK, BEEF, SALT, CONTAINS 2% OR LESS OF DEXTROSE, NATURAL FLAVORS, OLEORESIN OF PAPRIKA, LACTIC ACID STARTER CULTURE, DEHYDRATED GRANULATED GARLIC, SODIUM NITRITE, BHA, BHT, CITRIC ACID | | | | | | | | | |
| PICKLE SLICES | CUCUMBERS, WATER, VINEGAR, SALT, CALCIUM CHLORIDE (FIRMING AGENT), LACTIC ACID, NATURAL FLAVORS, SODIUM BENZOATE, AND TURMERIC | | | | | | | | | |
| PINEAPPLE | PINEAPPLE, WATER, SUGAR, CITRIC ACID AND ASCORBIC ACID (VITAMIN C) | | | | | | | | | |
| PROVOLONE CHEESE, SHREDDED | PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES (ANIMAL BASED LIPASE AND MICROBIAL RENNET), POWDERED CELLULOSE ADDED TO PREVENT CAKING, AND NATAMYCIN (A NATURAL MOLD INHIBITOR) | | | X | | | | | | |
| RED ONION | 100% FRESH RED ONION | | | | | | | | | |
| ROASTED ONIONS | YELLOW ONIONS, CARMELIZED SUGAR, CARAMEL COLOR, CANOLA OIL, CONTAINS LESS THAN 2% OF OLIVE OIL, SPICES, SALT | | | | | | | | | |
| ROASTED RED PEPPERS | RED BELL PEPPER | | | | | | | | | |
| ROMA TOMATOES | 100% FRESH ROMA TOMATOES | | | | | | | | | |
| ROMANO HERB MIX | | | | | | | | | | |
| ROMANO CHEESE | PASTEURIZED COW'S MILK, CHEESE CULTURES, SALT, ENZYMES AND POWDERED CELLULOSE ADDED TO PREVENT CAKING, POTASSIUM SORBATE TO PROTECT FLAVOR | | | X | | | | | | |
| OREGANO | OREGANO | | | | | | | | | |
| SALAMI GENOA | PORK, BEEF, SALT, DEXTROSE, LACTIC ACID STARTER CULTURE, SPICES, SODIUM ASCORBATE, SODIUM NITRITE, GARLIC POWDER, BHA, BHT, CITRIC ACID *BHA & BHT WITH CITRIC ACID ADDED TO HELP PROTECT FLAVOR | | | | | | | | | |
| SAUSAGE CRUMBLES | PORK, SALT, SPICES, WATER, CORN SYRUP SOLIDS, PAPRIKA, FLAVORING, DISODIUM INOSINATE AND DISODIUM GUANYLATE, BHA, BHT, PROPYL GALLATE | | | | | | | | | |
| SIRLOIN STEAK MEAT | BEEF, WATER, SOY PROTEIN CONCENTRATE, SALT, BROWN SUGAR, MODIFIED FOOD STARCH, DEXTROSE, HYDROLYZED SOY AND CORN PROTEIN, CORN SYRUP SOLIDS, CARAMEL COLOR, TOMATO POWDER, ONION POWDER, GARLIC POWDER, TORULA YEAST, CITRIC ACID, SPICES (INCLUDING CELERY SEED), LEMON JUICE, SOLIDS, NATURAL FLAVOR. COATED WITH WATER, SALT, BROWN SUGAR, DEXTROSE, HYDROLYZED SOY AND CORN PROTEIN, TORULA YEAST, CORN SYRUP SOLIDS, CARAMEL COLOR, TOMATO POWDER, ONION POWDER, GARLIC POWDER, SPICES (INCLUDING CELERY SEED), CITRIC ACID, NATURAL FLAVOR | | | | | | X | | | |
| SPICY SAUSAGE CRUMBLES | PORK, SPICES, SALT, WATER, CORN SYRUP SOLIDS, PAPRIKA, PAPRIKA EXTRACT, FLAVORING, DISODIUM INOSINATE AND DISODIUM GUANYLATE, ANNATTO EXTRACT, BHA, BHT, PROPYL GALLATE | | | | | | | | | |
| SPINACH | SPINACH | | | | | | | | | |
| SUNDRIED TOMATOES STRIPS | SUN DRIED ROMA TOMATOES, WATER, CANOLA OIL, SUGAR, SPICES, DEHYDRATED ONION, DEHYDRATED GARLIC, SALT, CITRIC ACID, SULFUR DIOXIDE AND/OR SODIUM METABISULFITE | | | | | | | | | |
| CALZONE DIPPING SAUCES | | | | | | | | | | |
| ALFREDO SAUCE | CREAM, SKIM MILK, SOYBEAN OIL, CANOLA OIL, PARMESAN CHEESE (CULTURED MILK, SALT, ENZYMES), WATER, MODIFIED CORNSTARCH, ASIAGO CHEESE (CULTURED MILK, SALT, ENZYMES), SALT, ROMANO CHEESE (MADE FROM COW'S MILK), CULTURED, MILK, SALT, ENZYMES), DRY CREAM (CREAM, NONFAT MILK), ENZYME MODIFIED PARMESAN CHEESE (CULTURED MILK, WATER, SALT, ENZYMES), WHEY PROTEIN CONCENTRATE, LACTOSE (CONTAINS MILK), DATEM, SPICE, XANTHAN GUM, EXTRACTS OF TURMERIC AND ANNATTO COLORING WITH WHEAT STARCH AND SOYBEAN OIL, FLAVOR (MALTODEXTRIN AND NATURAL FLAVORS [MADE FROM MILK]) | | | X | | | | | X | |

| Updated 2/10/20 | | EGG | FISH | MILK | PEANUT | SHELLFISH | SOY* | TREE NUTS | WHEAT | MSG |
|---|--|-----|------|------|--------|-----------|------|-----------|-------|-----|
| BARBECUE-GARLIC WINGS SAUCE | | | | | | | | | | |
| BARBECUE SAUCE (Montgomery Inn) | TOMATOES, DISTILLED VINEGAR, SUGAR, WATER, SALT, SPICES, DEHYDRATED ONIONS, DEHYDRATED GARLIC, CORN SYRUP, NATURAL FLAVORS, MODIFIED CORN STARCH, MOLASSES, CARAMEL COLOR, AND TAMARIND | | | | | | | | | |
| GARLIC SAUCE | REFINED SOYBEAN OIL, WATER, PALM OIL, SALT, GARLIC POWDER, MONO AND DIGLYCERIDES, SILICON DIOXIDE, ARTIFICIAL FLAVOR (SUNFLOWER OIL, ARTIFICIAL FLAVOR), WHEY PROTEIN CONCENTRATE, BETA CAROTINE, CITRIC ACID, POLYSORBATE 6, NATURAL FLAVOR, PROPYLENE GLYCOL ALGINATE, XANTHAN GUM, SODIUM BENZOATE, POTASSIUM BENZOATE, TOCOPHEROL AND EDTA DISODIUM | | | X | | | | | | |
| GARLIC FRESH PEELLED | 100% PEELED GARLIC (NO PRESERVATIVES OR ADDITIVES) | | | | | | | | | |
| BLUE CHEESE DIPPING CUP and PACKET | SOYBEAN OIL, WATER, BLUE CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), DISTILLED VINEGAR, EGG YOLK, SUGAR, SALT, XANTHAN GUM, SOUR CREAM POWDER (CREAM, NONFAT MILK SOLIDS, CITRIC ACID, LACTIC ACID), SODIUM BENZOATE AND POTASSIUM SORBATE (PRESERVATIVES), NATURAL FLAVOR, DEHYDRATED GARLIC, GUAR GUM | X | | X | | | | | | |
| BLUE CHEESE DRESSING | SOYBEAN OIL, WATER, BLUE CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), DISTILLED VINEGAR, EGG YOLK, SUGAR, SALT, SOUR CREAM POWDER (CREAM, NONFAT MILK SOLIDS, CITRIC ACID, LACTIC ACID), XANTHAN GUM, GUAR GUM, NATURAL FLAVOR, DEHYDRATED GARLIC | X | | X | | | | | | |
| CREAMY GARLIC DRESSING | SOYBEAN OIL, WATER, BUTTERMILK, DISTILLED VINEGAR, SUGAR, ROMANO CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), SALT, RED WINE VINEGAR, GARLIC JUICE, ROASTED GARLIC, EGG YOLK, NATURAL FLAVOR, EXTRA VIRGIN OLIVE OIL, GARLIC*, SPICE, ONION*, CORNSTARCH, MALTODEXTRIN, XANTHAN GUM, SODIUM BENZOATE ADDED AS A PRESERVATIVE, YEAST EXTRACT, LACTIC ACID, CANOLA OIL, SESAME SEED OIL, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR. *DEHYDRATED | X | | X | | | | | | |
| DIABLO SAUCE | WATER, SOYBEAN OIL, SUGAR, CHILI GARLIC SAUCE (CHILIES, SALT, GARLIC, SUGAR, ACETIC ACID, LACTIC ACID, ASCORBIC ACID), DISTILLED VINEGAR, EGG YOLK, SALT, GARLIC, ONION, SPICE, XANTHAN GUM, SODIUM BENZOATE ADDED AS A PRESERVATIVE, MUSTARD SEED, NATURAL FLAVOR, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR | X | | | | | | | | |
| FRESH GARLIC SAUCE | | | | | | | | | | |
| OLIVE OIL, EXTRA VIRGIN | EXTRA VIRGIN OLIVE OIL | | | | | | | | | |
| GARLIC FRESH PEELLED | 100% PEELED GARLIC (NO PRESERVATIVES OR ADDITIVES) | | | | | | | | | |
| GARLIC SAUCE | REFINED SOYBEAN OIL, WATER, PALM OIL, SALT, GARLIC POWDER, MONO AND DIGLYCERIDES, SILICON DIOXIDE, ARTIFICIAL FLAVOR (SUNFLOWER OIL, ARTIFICIAL FLAVOR), WHEY PROTEIN CONCENTRATE, BETA CAROTINE, CITRIC ACID, POLYSORBATE 6, NATURAL FLAVOR, PROPYLENE GLYCOL ALGINATE, XANTHAN GUM, SODIUM BENZOATE, POTASSIUM BENZOATE, TOCOPHEROL AND EDTA DISODIUM | | | X | | | | | | |
| GARLIC SAUCE DIPPING CUPS | SOYBEAN OIL, WATER, PALM OIL, SALT AND LESS THAN 2% OF GARLIC POWDER, WHEY PROTEIN CONCENTRATE(MILK), SUNFLOWER OIL, ARTIFICIAL FLAVOR, CITRIC ACID, BETA CAROTENE (COLOR), MONO- AND DIGLYCERIDES, PROPYLENE GLYCOL ALGINATE, XANTHAN GUM, POLYSORBATE, TOCOPHEROL (VITAMIN E), SODIUM BENZOATE, POTASSIUM SORBATE AND CALCIUM DISODIUM EDTA (TO PROTECT FLAVOR AND COLOR) | | | X | | | | | | |
| GARLIC-ROMANO WINGS SAUCE | | | | | | | | | | |
| GARLIC SAUCE | REFINED SOYBEAN OIL, WATER, PALM OIL, SALT, GARLIC POWDER, MONO AND DIGLYCERIDES, SILICON DIOXIDE, ARTIFICIAL FLAVOR (SUNFLOWER OIL, ARTIFICIAL FLAVOR), WHEY PROTEIN CONCENTRATE, BETA CAROTINE, CITRIC ACID, POLYSORBATE 6, NATURAL FLAVOR, PROPYLENE GLYCOL ALGINATE, XANTHAN GUM, SODIUM BENZOATE, POTASSIUM BENZOATE, TOCOPHEROL AND EDTA DISODIUM | | | X | | | | | | |
| GARLIC FRESH PEELLED | 100% PEELED GARLIC (NO PRESERVATIVES OR ADDITIVES) | | | | | | | | | |
| ROMANO HERB MIX | | | | | | | | | | |
| ROMANO CHEESE | PASTEURIZED COW'S MILK, CHEESE CULTURES, SALT, ENZYMES AND POWDERED CELLULOSE ADDED TO PREVENT CAKING, POTASSIUM SORBATE TO PROTECT FLAVOR | | | X | | | | | | |
| OREGANO | OREGANO | | | | | | | | | |
| HOT WINGS SAUCE | WATER, DISTILLED VINEGAR, SOYBEAN OIL, CAYENNE RED PEPPER, SALT, HABANERO PEPPER POWDER, CORN CIDER VINEGAR, SUGAR, APPLE CIDER VINEGAR, NATURAL FLAVOR, RED PEPPER, SPICE, PEPPER PULP (DISTILLED VINEGAR, RED PEPPER, SALT), XANTHAN GUM, GARLIC*, FRUIT AND VEGETABLE JUICE ADDED FOR COLOR, OLEORESIN PAPRIKA, POTASSIUM SORBATE AND SODIUM BENZOATE ADDED AS PRESERVATIVES, BANANA PUREE, ONION*, MANGO PUREE, TAMARIND PUREE, TOMATO PASTE, GARLIC, PAPAYA PUREE, PEPPER MASH (AGED PEPPER, SALT), BUTTER (CREAM, SALT), CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR *DEHYDRATED | | | X | | | | | | |
| HOT-GARLIC WINGS SAUCE | | | | | | | | | | |
| HOT WINGS SAUCE | WATER, DISTILLED VINEGAR, SOYBEAN OIL, CAYENNE RED PEPPER, SALT, HABANERO PEPPER POWDER, CORN CIDER VINEGAR, SUGAR, APPLE CIDER VINEGAR, NATURAL FLAVOR, RED PEPPER, SPICE, PEPPER PULP (DISTILLED VINEGAR, RED PEPPER, SALT), XANTHAN GUM, GARLIC*, FRUIT AND VEGETABLE JUICE ADDED FOR COLOR, OLEORESIN PAPRIKA, POTASSIUM SORBATE AND SODIUM BENZOATE ADDED AS PRESERVATIVES, BANANA PUREE, ONION*, MANGO PUREE, TAMARIND PUREE, TOMATO PASTE, GARLIC, PAPAYA PUREE, PEPPER MASH (AGED PEPPER, SALT), BUTTER (CREAM, SALT), CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR *DEHYDRATED | | | X | | | | | | |
| GARLIC SAUCE | REFINED SOYBEAN OIL, WATER, PALM OIL, SALT, GARLIC POWDER, MONO AND DIGLYCERIDES, SILICON DIOXIDE, ARTIFICIAL FLAVOR (SUNFLOWER OIL, ARTIFICIAL FLAVOR), WHEY PROTEIN CONCENTRATE, BETA CAROTINE, CITRIC ACID, POLYSORBATE 6, NATURAL FLAVOR, PROPYLENE GLYCOL ALGINATE, XANTHAN GUM, SODIUM BENZOATE, POTASSIUM BENZOATE, TOCOPHEROL AND EDTA DISODIUM | | | X | | | | | | |
| GARLIC FRESH PEELLED | 100% PEELED GARLIC (NO PRESERVATIVES OR ADDITIVES) | | | | | | | | | |
| HONEY MUSTARD DRESSING/DIPPING SAUCE | SOYBEAN OIL, WATER, SUGAR, DISTILLED VINEGAR, HONEY, MUSTARD SEED, EGG YOLK, SALT, WHITE WINE, SPICE, NATURAL FLAVOR, XANTHAN GUM, CITRIC ACID, TARTARIC ACID, ARTIFICIAL COLOR INCLUDING YELLOW #5), CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR | X | | | | | | | | |
| KETCHUP | TOMATO CONCENTRATE MADE FROM RED RIPE TOMATOES, DISTILLED VINEGAR, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, SALT, SPICE, ONION POWDER, NATURAL FLAVORING | | | | | | | | | |
| MAYONNAISE, KRAFT REAL | SOYBEAN OIL, WATER, EGGS, VINEGAR, CONTAINS LESS THAN 2% OF EGG YOLKS, LEMON JUICE CONCENTRATE, SALT, SUGAR, DRIED ONIONS, DRIED GARLIC, PAPRIKA, NATURAL FLAVOR, CALCIUM DISODIUM EDTA (TO PROTECT FLAVOR) | X | | | | | | | | |
| MEAT SAUCE | | | | | | | | | | |
| PASTA SAUCE | CRUSHED TOMATOES (WATER, CONCENTRATED CRUSHED TOMATOES), SOYBEAN OIL, SUGAR, SALT, DEHYDRATED ONION, SPICES, CARROT POWDER, DEHYDRATED PARSLEY, GRANULATED GARLIC, CELERY POWDER | | | | | | | | | |
| GROUND BEEF CRUMBLES | BEEF, SALT, SPICES | | | | | | | | | |
| MEDIUM WING SAUCE | WATER, DISTILLED VINEGAR, SOYBEAN OIL, CAYENNE RED PEPPER, SALT, CORN CIDER VINEGAR, APPLE CIDER VINEGAR, NATURAL FLAVOR (MILK), RED PEPPER, SPICE, SUGAR, XANTHAN GUM, DEHYDRATED GARLIC, POTASSIUM SORBATE AND SODIUM BENZOATE ADDED AS PRESERVATIVES, FRUIT AND VEGETABLE JUICE ADDED FOR COLOR, OLEORESIN PAPRIKA, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR | | | X | | | | | | |
| MEDIUM-GARLIC WINGS SAUCE | | | | | | | | | | |
| MEDIUM WING SAUCE | WATER, DISTILLED VINEGAR, SOYBEAN OIL, CAYENNE RED PEPPER, SALT, CORN CIDER VINEGAR, APPLE CIDER VINEGAR, NATURAL FLAVOR (MILK), RED PEPPER, SPICE, SUGAR, XANTHAN GUM, DEHYDRATED GARLIC, POTASSIUM SORBATE AND SODIUM BENZOATE ADDED AS PRESERVATIVES, FRUIT AND VEGETABLE JUICE ADDED FOR COLOR, OLEORESIN PAPRIKA, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR | | | X | | | | | | |
| GARLIC SAUCE | REFINED SOYBEAN OIL, WATER, PALM OIL, SALT, GARLIC POWDER, MONO AND DIGLYCERIDES, SILICON DIOXIDE, ARTIFICIAL FLAVOR (SUNFLOWER OIL, ARTIFICIAL FLAVOR), WHEY PROTEIN CONCENTRATE, BETA CAROTINE, CITRIC ACID, POLYSORBATE 6, NATURAL FLAVOR, PROPYLENE GLYCOL ALGINATE, XANTHAN GUM, SODIUM BENZOATE, POTASSIUM BENZOATE, TOCOPHEROL AND EDTA DISODIUM | | | X | | | | | | |
| GARLIC FRESH PEELLED | 100% PEELED GARLIC (NO PRESERVATIVES OR ADDITIVES) | | | | | | | | | |
| MUSHROOM SAUCE | WATER, MUSHROOMS, GRAVY BASE (CORN SYRUP SOLIDS, SALT, HYDROLYZED VEGETABLE PROTEIN BLEND [SOY PROTEIN, CORN GLUTEN, WHEAT GLUTEN], MALTODEXTRIN, COCONUT OIL, MUSHROOM EXTRACT, ONION POWDER, GARLIC POWDER, BEEF EXTRACT, CARAMEL COLOR, CANOLA OIL, TOMATO POWDER, YEAST EXTRACT, CALCIUM PHOSPHATE, POTASSIUM AND SODIUM PHOSPHATE, NATURAL FLAVOR, SODIUM CASEINATE, THIAMINE HYDROCHLORIDE, SPICE, CARROT POWDER, PARSLEY, DISODIUM INOSINATE AND GUANYLATE, PAPRIKA, CITRIC ACID, SUGAR, MONO- AND DIGLYCERIDES, SOY LECITHIN, TORULA YEAST, SOY FLOUR, SPICE EXTRACTIVES), MODIFIED FOOD STARCH, CONTAINS LESS THAN 2% OF MIREPOIX BASE (SAUTEED VEGETABLES [CARROTS, CELERY, ONIONS], SUGAR, SOYBEAN OIL, SALT, MALTODEXTRIN, MODIFIED CORN STARCH, NATURAL FLAVORINGS), ONIONS, SALT | | | X | | | X | | X | |

| Updated 2/10/20 | | EGG | FISH | MILK | PEANUT | SHELLFISH | SOY* | TREE NUTS | WHEAT | MSG |
|---|--|-----|------|------|--------|-----------|------|-----------|-------|-----|
| POWERADE RASPBERRY FREESTYLE | WATER, HIGH FRUCTOSE CORN SYRUP, CITRIC ACID, SALT, NATURAL FLAVORS, POTASSIUM CITRATE, POTASSIUM PHOSPHATE, RED 40, NIACINAMIDE (B3), PYRIDOXINE HYDROCHLORIDE (B6), CYANOCOBLAMIN (B12) | | | | | | | | | |
| POWERADE STRAWBERRY FREESTYLE | WATER, HIGH FRUCTOSE CORN SYRUP, CITRIC ACID, SALT, NATURAL FLAVORS, POTASSIUM CITRATE, POTASSIUM PHOSPHATE, RED 40, NIACINAMIDE (B3), PYRIDOXINE HYDROCHLORIDE (B6), CYANOCOBLAMIN (B12) | | | | | | | | | |
| POWERADE ZERO CHERRY FREESTYLE | WATER, CITRIC ACID, SALT, POTASSIUM CITRATE, ASPARTAME, ACESULFAME POTASSIUM, POTASSIUM PHOSPHATE, NATURAL FLAVORS, RED 40, NIACINAMIDE (B3), PYRIDOXINE HYDROCHLORIDE (B6), CYANOCOBLAMIN (B12) | | | | | | | | | |
| POWERADE ZERO FRUIT PUNCH FREESTYLE | WATER, CITRIC ACID, SALT, NATURAL FLAVORS, POTASSIUM CITRATE, ASPARTAME, ACESULFAME POTASSIUM, POTASSIUM PHOSPHATE, RED 40, NIACINAMIDE (B3), PYRIDOXINE HYDROCHLORIDE (B6), CYANOCOBLAMIN (B12) | | | | | | | | | |
| POWERADE ZERO GRAPE FREESTYLE | WATER, CITRIC ACID, SALT, NATURAL FLAVORS, POTASSIUM CITRATE, ASPARTAME, ACESULFAME POTASSIUM, POTASSIUM PHOSPHATE, NIACINAMIDE (B3), RED 40, BLUE 1, PYRIDOXINE HYDROCHLORIDE (B6), CYANOCOBLAMIN (B12) | | | | | | | | | |
| POWERADE ZERO LEMON FREESTYLE | WATER, CITRIC ACID, SALT, POTASSIUM CITRATE, ASPARTAME, ACESULFAME POTASSIUM, MODIFIED FOOD STARCH, POTASSIUM PHOSPHATE, NATURAL FLAVORS, GLYCEROL ESTER OF ROSIN, NIACINAMIDE (B3), PYRIDOXINE HYDROCHLORIDE (B6), YELLOW 5, CYANOCOBLAMIN (B12) | | | | | | | | | |
| POWERADE ZERO LIME FREESTYLE | WATER, CITRIC ACID, SALT, NATURAL FLAVORS, POTASSIUM CITRATE, ASPARTAME, ACESULFAME POTASSIUM, POTASSIUM PHOSPHATE, NIACINAMIDE (B3), YELLOW 5, PYRIDOXINE HYDROCHLORIDE (B6), YELLOW 6, BLUE 1, CYANOCOBLAMIN (B12) | | | | | | | | | |
| POWERADE ZERO ORANGE FREESTYLE | WATER, CITRIC ACID, SALT, POTASSIUM CITRATE, NATURAL FLAVORS, ASPARTAME, MODIFIED FOOD STARCH, ACEFULFAME POTASSIUM, GLYCEROL ESTER OF ROSIN, POTASSIUM PHOSPHATE, YELLOW 6, NIACINAMIDE (B3), SUCROSE ACETATE ISOBUTYRATE, PYRIDOXINE HYDROCHLORIDE (B6), RED 40, CYANOCOBLAMIN (B12) | | | | | | | | | |
| POWERADE ZERO RASPBERRY FREESTYLE | WATER, CITRIC ACID, SALT, NATURAL FLAVORS, POTASSIUM CITRATE, ASPARTAME, ACESULFAME POTASSIUM, POTASSIUM PHOSPHATE, RED 40, NIACINAMIDE (B3), PYRIDOXINE HYDROCHLORIDE (B6), CYANOCOBLAMIN (B12) | | | | | | | | | |
| POWERADE ZERO STRAWBERRY FREESTYLE | WATER, CITRIC ACID, SALT, NATURAL FLAVORS, POTASSIUM CITRATE, ASPARTAME, ACESULFAME POTASSIUM, POTASSIUM PHOSPHATE, RED 40, NIACINAMIDE (B3), PYRIDOXINE HYDROCHLORIDE (B6), CYANOCOBLAMIN (B12) | | | | | | | | | |
| SEAGRAM'S DIET GINGER ALE CHERRY FREESTYLE | CARBONATED WATER, NATURAL FLAVORS, CITRIC ACID, ASPARTAME, ACESULFAME POTASSIUM, CARAMEL COLOR, RED 40. | | | | | | | | | |
| SEAGRAM'S DIET GINGER ALE FREESTYLE | CARBONATED WATER, NATURAL FLAVORS, CITRIC ACID, ASPARTAME, ACESULFAME POTASSIUM, CARAMEL COLOR | | | | | | | | | |
| SEAGRAM'S DIET GINGER ALE ORANGE FREESTYLE | CARBONATED WATER, NATURAL FLAVORS, CITRIC ACID, ASPARTAME, ACESULFAME POTASSIUM, CARAMEL COLOR, MODIFIED FOOD STARCH, GLYCEROL ESTER OF ROSIN, YELLOW 6, SUCROSE ACETATE ISOBUTYRATE, RED 40. | | | | | | | | | |
| SEAGRAM'S DIET GINGER ALE RASPBERRY FOR FREESTYLE | CARBONATED WATER, NATURAL FLAVORS, CITRIC ACID, ASPARTAME, ACESULFAME POTASSIUM, CARAMEL COLOR, RED 40. | | | | | | | | | |
| SEAGRAM'S DIET GINGER ALE VANILLA FREESTYLE | CARBONATED WATER, NATURAL FLAVORS, CITRIC ACID, ASPARTAME, ACESULFAME POTASSIUM, CARAMEL COLOR. | | | | | | | | | |
| SEAGRAM'S GINGER ALE CHERRY FREESTYLE | CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, NATURAL FLAVORS, CITRIC ACID, CARAMEL COLOR, RED 40. | | | | | | | | | |
| SEAGRAM'S GINGER ALE CHERRY FREESTYLE | CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, CITRIC ACID, NATURAL FLAVORS, CARAMEL COLOR, SUCRALOSE, RED 40. | | | | | | | | | |
| SEAGRAM'S GINGER ALE FREESTYLE | CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, CITRIC ACID, NATURAL FLAVORS, CARAMEL COLOR, SUCRALOSE. | | | | | | | | | |
| SEAGRAM'S GINGER ALE FREESTYLE | CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, NATURAL FLAVORS, CITRIC ACID, CARAMEL COLOR. | | | | | | | | | |
| SEAGRAM'S GINGER ALE LIME FOR FREESTYLE | CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, NATURAL FLAVORS, CITRIC ACID, CARAMEL COLOR, YELLOW 5, YELLOW 6, BLUE 1 | | | | | | | | | |
| SEAGRAM'S GINGER ALE LIME FREESTYLE | CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, CITRIC ACID, NATURAL FLAVORS, CARAMEL COLOR, SUCRALOSE, YELLOW 5, YELLOW 6, BLUE 1. | | | | | | | | | |
| SEAGRAM'S GINGER ALE ORANGE FREESTYLE | CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, NATURAL FLAVORS, CITRIC ACID, CARAMEL COLOR, MODIFIED FOOD STARCH, GLYCEROL ESTER OF ROSIN, YELLOW 6, SUCROSE ACETATE ISOBUTYRATE, RED 40. | | | | | | | | | |
| SEAGRAM'S GINGER ALE ORANGE FREESTYLE | CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, CITRIC ACID, NATURAL FLAVORS, CARAMEL COLOR, MODIFIED FOOD STARCH, SUCRALOSE, GLYCEROL ESTER OF ROSIN, YELLOW 6, SUCROSE ACETATE ISOBUTYRATE, RED 40. | | | | | | | | | |
| SEAGRAM'S GINGER ALE RASPBERRY FOR FREESTYLE | CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, NATURAL FLAVORS, CITRIC ACID, CARAMEL COLOR, RED 40. | | | | | | | | | |
| SEAGRAM'S GINGER ALE RASPBERRY FREESTYLE | CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, CITRIC ACID, NATURAL FLAVORS, CARAMEL COLOR, SUCRALOSE, RED 40. | | | | | | | | | |
| SEAGRAM'S GINGER ALE VANILLA FOR FREESTYLE | CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, NATURAL FLAVORS, CITRIC ACID, CARAMEL COLOR. | | | | | | | | | |
| SEAGRAM'S GINGER ALE VANILLA FREESTYLE | CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, CITRIC ACID, NATURAL FLAVORS, CARAMEL COLOR, SUCRALOSE. | | | | | | | | | |

The information provided in this document was compiled from an online tool made available by The Coca-Cola Company. This online tool is intended to assist Customer in complying with FDA menu labeling regulations. The nutrient values provided are based on U.S.D.A. data, vendor data, laboratory analyses and scientific literature.

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