

**LIMITED TIME OFFER - FALL 2020**  
**MONTGOMERY INN PIZZAS & RONDOS**

Pulled Pork BBQ and Chicken BBQ

**LAROSA'S NUTRITION FACTS**

ALSO AVAILABLE ONLINE AT [www.larosas.com](http://www.larosas.com)

Menu Item	SERVING SIZE (ONE SLICE)	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
<b>TRADITIONAL CRUST PIZZAS</b>											
Small Pork BBQ	1/4 of pizza	210	8	4	0	25	380	23	<1	7	9
Medium Pork BBQ	1/8 of pizza	230	9	4	0	25	390	25	<1	7	9
Large Pork BBQ	1/12 of pizza	230	9	4	0	25	390	24	<1	7	9
XLT Pork BBQ	1/16 of pizza	220	9	4	0	25	390	24	<1	7	9
Small Chicken BBQ	1/4 of pizza	210	8	4	0	30	380	23	<1	8	10
Medium Chicken BBQ	1/8 of pizza	220	8	4	0	30	390	26	<1	8	11
Large Chicken BBQ	1/12 of pizza	220	8	4	0	30	390	25	<1	8	11
XLT Chicken BBQ	1/16 of pizza	220	8	4	0	35	400	24	<1	8	11

Menu Item	SERVING SIZE (ONE SLICE)	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
<b>HAND TOSSED PIZZAS</b>											
Small Pork BBQ	1/4 of pizza	260	8	4	0	25	530	33	<1	7	11
Medium Pork BBQ	1/8 of pizza	270	8	4	0	25	550	35	1	7	11
Large Pork BBQ	1/8 of pizza	410	13	6	0	35	830	53	2	11	17
Small Chicken BBQ	1/4 of pizza	250	7	4	0	30	530	34	<1	9	12
Medium Chicken BBQ	1/8 of pizza	260	8	4	0	30	550	35	1	9	12
Large Chicken BBQ	1/8 of pizza	400	12	6	0	50	840	54	2	13	19

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<b>PAN PIZZAS</b>											
Small Pork BBQ	1/4 of pizza	270	9	4	0	25	530	33	<1	7	11
Medium Pork BBQ	1/8 of pizza	270	9	4	0	25	550	35	1	7	11
Large Pork BBQ	1/8 of pizza	420	14	6	0	35	830	53	2	11	17
Small Chicken BBQ	1/4 of pizza	260	8	4	0	30	530	34	<1	9	12
Medium Chicken BBQ	1/8 of pizza	270	8	4	0	30	550	35	1	9	12
Large Chicken BBQ	1/8 of pizza	410	13	6	0	50	840	54	2	13	19

Menu Item	SERVING SIZE	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
<b>RONDOS</b> (includes Montgomery Inn BBQ sauce for dipping)											
Pork BBQ Rondos	1 piece	240	11	4.5	0	20	510	24	<1	6	9
Chicken BBQ Rondos	1 piece	230	11	4.5	0	25	510	24	<1	7	10

Menu Item	SERVING SIZE	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
<b>MONTGOMERY INN BBQ SAUCE</b>											
Montgomery Inn BBQ Sauce	2oz side cup	80	0	0	0	0	470	21	0	19	0

<b>INGREDIENTS AND ALLERGENS</b>		EGG	FISH	MILK	PEANUT	SHELLFISH	SOY	TREE NUTS	WHEAT
BARBECUE SAUCE (Montgomery Inn)	TOMATOES, DISTILLED VINEGAR, SUGAR, WATER, SALT, SPICES, DEHYDRATED ONIONS, DEHYDRATED GARLIC, CORN SYRUP, NATURAL FLAVORS, MODIFIED CORN STARCH, MOLASSES, CARAMEL COLOR, AND TAMARIND								
MONTGOMERY INN PULLED PORK BBQ	PORK, BARBECUE SAUCE (TOMATOES, DISTILLED VINEGAR, SUGAR, WATER, SALT, SPICES, DEHYDRATED ONION, DEHYDRATED GARLIC, CORN SYRUP, NATURAL FLAVORS, MODIFIED CORN STARCH, MOLASSES, CARAMEL COLOR, TAMARIND), SALT, PAPRIKA, SMOKED PAPRIKA, SPICES								
MONTGOMERY INN SMOKED CHICKEN BBQ	CHICKEN, BARBECUE SAUCE (TOMATOES, DISTILLED VINEGAR, SUGAR, WATER, SALT, DEHYDRATED ONION, SPICES, DEHYDRATED GARLIC, NATURAL FLAVORS, CORN SYRUP, MODIFIED CORN STARCH, MOLASSES, CARAMEL COLOR, TAMARIND), SALT, PAPRIKA, SMOKED PAPRIKA, SPICES								
TRADITIONAL PIZZA CRUST	FLOUR (WHEAT FLOUR, NON-ENRICHED), MALTED BARLEY FLOUR, WATER, SOYBEAN OIL, YEAST, SUGAR, SALT								X

INGREDIENTS AND ALLERGENS		EGG	FISH	MILK	PEANUT	SHELLFISH	SOY	TREE NUTS	WHEAT
HAND TOSSED PIZZA CRUST	FLOUR (WHEAT FLOUR, NON-ENRICHED), MALTED BARLEY FLOUR), WATER, SOYBEAN OIL, YEAST, SUGAR, SALT, SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE, DATEM, SOUR BLEND (WHEAT FLOUR, CORN FLOUR, ACETIC ACID, VEGETABLE OIL (PARTIALLY HYDROGENATED SOYBEAN, COTTONSEED AND/OR CANOLA OILS))								X
PAN PIZZA CRUST	FLOUR (WHEAT FLOUR, NON-ENRICHED), MALTED BARLEY FLOUR), WATER, SOYBEAN OIL, YEAST, SUGAR, SALT, SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE, DATEM, SOUR BLEND (WHEAT FLOUR, CORN FLOUR, ACETIC ACID, VEGETABLE OIL (PARTIALLY HYDROGENATED SOYBEAN, COTTONSEED AND/OR CANOLA OILS))								X
<i>prepared with OLIVE OIL, CLASSIC</i>		<i>REFINED OLIVE OIL</i>							
PROVOLONE CHEESE, SHREDDED	PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES (ANIMAL BASED LIPASE AND MICROBIAL RENNET), POWDERED CELLULOSE ADDED TO PREVENT CAKING, AND NATAMYCIN (A NATURAL MOLD INHIBITOR)			X					
GARLIC PESTO SAUCE									
GARLIC SAUCE	LIQUID MARGARINE (SOYBEAN AND HYDROGENATED SOYBEAN OIL, WATER, SALT, MONO AND DIGLYCERIDES, SOY LECITHIN, SODIUM BENZOATE, NATURAL AND ARTIFICIAL FLAVOR, BETA CAROTENE FOR COLOR, VITAMIN A PALMITATE), WATER, SALT, GARLIC POWDER, NATURAL FLAVOR, XANTHAN GUM, CITRIC ACID, SODIUM BISULFITE						X		
PESTO	BASIL, CANOLA OIL, WATER, PARMESAN CHEESE (PASTEURIZED PART-SKIM COWS' MILK, CHEESE CULTURE, SALT, ENZYMES), GRANULATED GARLIC, SALT			X					
ROMANO CHEESE	PASTEURIZED COW'S MILK, CHEESE CULTURES, SALT, ENZYMES AND POWDERED CELLULOSE ADDED TO PREVENT CAKING, POTASSIUM SORBATE TO PROTECT FLAVOR			X					
GARLIC GRANULATED	100% GARLIC								
OREGANO	OREGANO								

Nutritional values provided by a third party nutritionist. The information contained herein is accurate and correct to the best of our ability. Products may change without notice or be substituted by the supplier. The document is provided for informational purposes only. Please discuss any questions you have with your health care professional.

**DO YOU HAVE FOOD ALLERGIES OR SENSITIVITIES?**

Some of our food items contain ingredients known to be common food allergens, all of our food items are prepared in a common kitchen and menu items may be cooked in the same oil as an item containing an allergen. Contact your health care professional if you have any questions relating to your specific circumstance.