

LIMITED TIME OFFER

PUMPKIN CARAMEL CRUNCH

LAROSA'S NUTRITION FACTS

Updated 09.09.24

Menu Item	Serving Size (g)	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)
PUMPKIN CARAMEL CRUNCH DESSERT											
Pumpkin Caramel Crunch	137	390	24	13	0	110	330	59	1	31	6
MISC SIDE ITEMS											
Extra Biscoff Cookies (2)	15	80	3	1.5	0	0	60	12	0	6	1
Extra or Side Cup Caramel Sauce	56	160	2	1	0	5	65	38	0	31	2

INGREDIENT	INGREDIENT LISTING	EGG	FISH	MILK	PEANUT	SHELLFISH	SOY	TREE NUTS	WHEAT	SESAME
PUMPKIN CHEESECAKE	CREAM CHEESE (MILK, CREAM, SALT, CAROB BEAN GUM, CHEESE CULTURE), PUMPKIN, SUGAR, EGGS, CREAM, BUTTER (CREAM, SALT), VANILLA (WATER, ALCOHOL, ARTIFICIAL FLAVORS, CARAMEL COLOR), SPICE, LEMON JUICE (FILTERED WATER, LEMON JUICE CONCENTRATE, CONTAINS 2% OR LESS OF: SODIUM BENZOATE, POTASSIUM SORBATE, LEMON OIL), SALT	X		X						
CARAMEL SAUCE	SUGAR, WATER, NONFAT DRY MILK, CORN SYRUP, BUTTER FAT, CRYSTALLINE FRUCTOSE, NATURAL FLAVORS, CARAMEL COLOR, PECTIN, SALT, POTASSIUM SORBATE (PRESERVATIVE), DISODIUM PHOSPHATE, MONO AND DIGLYCERIDES			X						
BISCOFF COOKIES	WHEAT FLOUR, SUGAR, VEGETABLE OILS (CONTAINS ONE OR MORE OF SOYBEAN OIL, SUNFLOWER OIL, CANOLA OIL, PALM OIL), BROWN SUGAR SYRUP, SODIUM BICARBONATE (LEAVENING), SOY FLOUR, SALT, CINNAMON						X		X	

The following information may be used to plan a balanced diet. Your individual nutritional requirements may be higher or lower depending on your calorie needs. Nutrition data is collected by computer analysis of data from the U.S. Department of Agriculture and our suppliers. Nutrition analysis is provided by a third party registered dietician service and is accurate to the best of our ability. Products may change without notice or substitutions by suppliers and/or franchisees may alter the nutritional values of any item. The document is provided for informational purposes only. Please discuss any questions you have with your health care professional.

If you have any questions about LaRosa's food, please contact our Corporate Office at (513) 347-5660.

		2,000 calories	2,500 calories
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Carbohydrates		300 g	375 g
Calories per gram: Fat 9 – Carbohydrate 4 – Protein 4			

Do you have food allergies or sensitivities?

Some of our food items contain ingredients known to be common food allergens, all of our food items are prepared in a common kitchen and menu items may be cooked in the same oil as an item containing an allergen. Contact your health care professional if you have any questions relating to your specific circumstance.