



GLUTEN-FREE PIZZA

APRIL 9, 2012

Available at the following pizzerias: Oxford, Anderson, Boudinot, Kenwood, Mason, Centerville and Beavercreek in Ohio – and Alexandria in Kentucky.

LaRosa's created this selection of pizza options for our gluten intolerant Guests.

We hope you will enjoy your gluten-free pizza experience with LaRosa's!

Please note: We follow strict preparation and cleaning procedures. But possible flour transfer could pose a problem for Guests with severe gluten intolerance. We want you to know so that you can make an informed decision about eating with us.

Gluten-Free Pizza Basics:

Gluten-free crust

LaRosa's Pizza sauce

Provolone Cheese

Choose up to (6) of these toppings:

Bacon

Green Olives

Mushrooms

Red Onion

Sausage

Black Olives

Green Pepper

Pepperoni

Roma Tomato

Spicy Sausage

Capocollo Ham

Ground Beef

Pineapple

Salami

Spinach

Menu Item	Serving Size (g)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Choles (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)
GLUTEN-FREE PIZZAS (one slice – 1/8 whole pizza)											
Extra Sauce & Extra Cheese	59	170	9	4	0	25	290	16	<1	1	7
Mushroom, Onion, Tomato & Spinach	76	150	6	3	0	20	240	17	1	2	5
Pepperoni, Sausage, Bacon & Ham	71	250	16	6	0	45	760	16	<1	1	11

GLUTEN-FREE PIZZA INGREDIENT LISTING

GLUTEN-FREE PIZZA CRUST

RICE FLOUR, FILTERED WATER, TAPIOCA STARCH, POTATO STARCH, EGG WHITES, EGGS, EXTRA VIRGIN OLIVE OIL, MODIFIED CORN STARCH, SUGAR, VEGETABLE SHORTENING (CANOLA OIL, HYDROGENATED COTTONSEED OIL), CONTAINS LESS THAN 2% OF THE FOLLOWING: YEAST, CELLULOSE GUM, NATURAL FLAVOR, POTASSIUM CHLORIDE, SALT, KOSHER GELATIN, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE), XANTHAN GUM, DISTILLED MONOGLYCERIDES, GUAR GUM.

LAROSA'S PIZZA SAUCE

WATER, TOMATO PASTE, SUGAR, SALT, SPICES, GARLIC POWDER, CITRIC ACID.

LAROSA'S PROVOLONE CHEESE – SHREDDED

PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES (ANIMAL BASED LIPASE AND MICROBIAL RENNET), POWDERED CELLULOSE ADDED TO PREVENT CAKING, AND NATAMYCIN (A NATURAL MOLD INHIBITOR).

BACON

BACON (PORK) CURED WITH: WATER, SALT, SUGAR, SMOKE FLAVORING, SODIUM PHOSPHATES SODIUM ERYTHORBATE, SODIUM NITRITE.

BLACK OLIVES, SLICED

SLICED RIPE OLIVES, WATER, SALT, FERROUS GLUCONATE.

CAPOCOLLA HAM

PORK, WATER, SALT, CONTAINS LESS THAN 2% OF THE FOLLOWING: DEXTROSE, SODIUM CITRATE, SPICES, SODIUM PHOSPHATE, NATURAL FLAVORINGS, OLEORESIN OF PAPRIKA, PAPRIKA, ASCORBIC ACID, SODIUM NITRATE, SODIUM ASCORBATE.

GREEN OLIVES, SLICED

MANZANILLA OLIVES, WATER, SALT AND LACTIC ACID.

GREEN PEPPER STRIPS

GREEN PEPPERS

GROUND BEEF CRUMBLES

BEEF, WATER, SODIUM LACTATE, SALT, SPICE, CARAMEL COLOR, SODIUM PHOSPHATE, FLAVORING.

MUSHROOMS, SLICED

FRESH MUSHROOMS

PEPPERONI

PORK, BEEF, SALT, SPICES, SUGAR, WATER, OLEORESIN OF PAPRIKA, NATURAL SMOKE FLAVORING, LACTIC ACID STARTER CULTURE, GARLIC POWDER, FLAVORING, SODIUM NITRITE, ASCORBIC ACID, BHA, BHT, CITRIC ACID.

PINEAPPLE

PINEAPPLE, WATER, SUGAR AND CITRIC ACID.

RED ONION

RED ONIONS

ROMA TOMATOES

ROMA TOMATOES

SALAMI

PORK, BEEF, SALT, CONTAINS LESS THAN 2% OF THE FOLLOWING: CORN SYRUP, SPICES, WINE, SODIUM ASCORBATE, GARLIC, LACTIC ACID STARTER CULTURE, POTASSIUM NITRATE, SODIUM NITRITE.

SAUSAGE CRUMBLES

PORK, SALT, SPICES, WATER, CORN SYRUP SOLIDS, PAPRIKA, FLAVORING, DISODIUM INOSINATE AND DISODIUM GUANYLATE, BHA, BHT, PROPYL GALLATE, SOY LECITHIN USED AS A PROCESSING AID.

SPICY SAUSAGE CRUMBLES

PORK, SPICES, SALT, WATER, CORN SYRUP SOLIDS, PAPRIKA, PAPRIKA EXTRACT, FLAVORING, DISODIUM INOSINATE AND DISODIUM GUANYLATE, ANNATTO EXTRACT, BHA, BHT, PROPYL GALLATE, SOY LECITHIN USED AS A PROCESSING AID.

SPINACH

SPINACH

LAROSA'S GLUTEN-FREE PIZZA INGREDIENT ALLERGEN LISTING

	Egg	Milk	Soy	Wheat	Peanuts	Tree Nuts	Fish	Shellfish
Gluten-Free pizza crust	X							
LaRosa's pizza sauce								
Provolone Cheese		X						
Bacon								
Black Olives								
Capocollo Ham								
Green Olives								
Green Pepper								
Ground Beef								
Mushroom								
Pepperoni								
Pineapple								
Red Onion								
Roma Tomatoes								
Salami								
Sausage								
Spicy Sausage								
Spinach								

The ingredient information contained herein is accurate and correct to the best of our ability. Products may change without notice or be substituted by the supplier. The document is provided for informational purposes only. Please discuss any questions you have with your health care professional. Some of our food items contain ingredients known to be common food allergens, all of our food items are prepared in a common kitchen and menu items may be cooked in the same oil as an item containing an allergen. Contact your health care professional if you have any questions relating to your specific circumstance.

If you would like additional information, please contact: Nancy Wilson, LaRosa's Menu Analyst - at nwilson@larosas.com