



LAROSA'S INGREDIENT AND ALLERGEN LISTING

Updated 12/17/18

The ingredient information contained herein is accurate and correct to the best of our ability. Products may change without notice or may be substituted by the supplier. The document is provided for informational purposes only. Please discuss any questions you have with your health care professional.

DO YOU HAVE FOOD ALLERGIES OR SENSITIVITIES?

Some of our food items contain ingredients known to be common food allergens, all of our food items are prepared in a common kitchen and menu items may be cooked in the same oil as an item containing an allergen.

Additional menu selections may be chosen by individual pizzerias at their discretion. These products may contain allergens or may be processed in a plant that manufactures products containing allergens.

Contact your health care professional if you have any questions relating to your specific circumstance.

Updated 12/17/18		EGG	FISH	MILK	PEANUT	SHELLFISH	SOY*	TREE NUTS	WHEAT	MSG
PHILLY CHICKEN CALZONE		CALZONE DOUGH, GARLIC SAUCE, 4 CHEESE BLEND, CHICKEN BREAST STRIPS, SHARP WHITE CHEDDAR, RED ONION, BANANA PEPPERS + ROMANO HERB MIX								
CREATE YOUR OWN CALZONE		CALZONE DOUGH, GARLIC SAUCE + 4 CHEESE BLEND OR PROVOLONE + YOUR CHOICE OF UP TO THREE FILLINGS (check allergens individually on any fillings you choose) + ROMANO HERB MIX								
ANCHOVIES			X							
BACON		BACON (CURED WITH WATER, SALT, SUGAR, SODIUM PHOSPHATES, SODIUM NITRITE), SMOKE FLAVORING, MAY CONTAIN SODIUM ASCORBATE, SODIUM ERYTHORBATE, POTASSIUM CHLORIDE, DEXTROSE								
BANANA PEPPERS		FRESH PEPPERS, WATER, VINEGAR, SALT, CALCIUM CHLORIDE, SODIUM BENZOATE (PRESERVATIVE), NATURAL FLAVORS, YELLOW 5, SODIUM METABISULFITE (PRESERVATIVE)								
BLACK OLIVES, SLICED		RIPE OLIVES, WATER, SALT, AND FERROUS GLUCONATE (ADDED TO STABILIZE COLOR)								
CALZONE DOUGH		FLOUR (WHEAT FLOUR, NON-ENRICHED), MALTED BARLEY FLOUR, WATER, SOYBEAN OIL, YEAST, SUGAR, SALT, SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE, DATEM, SOUR BLEND (WHEAT FLOUR, CORN FLOUR, ACETIC ACID, VEGETABLE OIL (PARTIALLY HYDROGENATED SOYBEAN, COTTONSEED AND/OR CANOLA OILS))								
CAPOCOLLA HAM		CURED WITH WATER, SALT, SODIUM LACTATE, SUGAR, SODIUM PHOSPHATE, SODIUM DIACETATE, SODIUM ERYTHORBATE, SODIUM NITRATE (COATED WITH SPICES AND PAPRIKA)								
CHICKEN BREAST STRIPS				X			X			X
FOUR-CHEESE BLEND										
PROVOLONE CHEESE, SHREDDED		PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES (ANIMAL BASED LIPASE AND MICROBIAL RENNET), POWDERED CELLULOSE ADDED TO PREVENT CAKING, AND NATAMYCIN (A NATURAL MOLD INHIBITOR)								
FRESH MOZZARELLA		PASTEURIZED MILK, VINEGAR, SALT, ENZYMES								
RICOTTA CHEESE		WHEY, MILK, VINEGAR AND XANTHAN GUM, LOCUST BEAN GUM, GUAR GUM (STABILIZERS)								
ROMANO CHEESE		IMPORTED PECORINO ROMANO CHEESE (PASTEURIZED SHEEP'S MILK, CHEESE CULTURES, SALT, ENZYMES AND POWDERED CELLULOSE (ANTI-CAKING AGENT))								
OREGANO		OREGANO								
FRESH MOZZARELLA		PASTEURIZED MILK, VINEGAR, SALT, ENZYMES								
GARLIC FRESH PEELED		100% PEELED GARLIC (NO PRESERVATIVES OR ADDITIVES)								
GARLIC SAUCE				X						
GREEN PEPPER STRIPS		100% FRESH GREEN PEPPERS								
GREEN OLIVES, SLICED		OLIVES, WATER, SEA SALT, LACTIC ACID								
GROUND BEEF CRUMBLES		BEEF, SALT, SPICES								
JALAPENO PEPPERS		FRESH PEPPERS, WATER, VINEGAR, SALT, CALCIUM CHLORIDE, SODIUM BENZOATE, NATURAL FLAVORS, YELLOW 5, SODIUM METABISULFITE								
MEATBALLS		X		X						X
MULTIGRAIN WHEAT CALZONE DOUGH		WHOLE GRAIN WHEAT FLOUR, SPELT FLOUR, FLOUR (WHEAT FLOUR (UNBLEACHED, NON-ENRICHED), MALTED BARLEY FLOUR), 7-GRAIN CEREAL (WHOLE GRAIN HARD RED WHEAT, RYE, OATS, TRITICALE (WHEAT), BARLEY, BROWN RICE, OAT BRAN, FLAXSEED), WATER, YEAST (YEAST, SORBITAN MONOSTEARATE, ASCORBIC ACID), SEA SALT (SEA SALT, TRICALCIUM PHOSPHATE), EXTRA VIRGIN OLIVE OIL								
MUSHROOM SLICES		100% FRESH MUSHROOMS								
OLIVE OIL, EXTRA VIRGIN		EXTRA VIRGIN OLIVE OIL								
PEPPERONI		PORK, BEEF, SALT, SPICES, SUGAR, WATER, OLEORESIN OF PAPRIKA, NATURAL SMOKE FLAVORING, LACTIC ACID STARTER CULTURE, GARLIC POWDER, FLAVORING, SODIUM NITRITE, ASCORBIC ACID, BHA, BHT, CITRIC ACID								
PICKLE SLICES		CUCUMBERS, WATER, VINEGAR, SALT, CALCIUM CHLORIDE (FIRMING AGENT), LACTIC ACID, NATURAL FLAVORS, SODIUM BENZOATE, AND TURMERIC								
PINEAPPLE		PINEAPPLE, WATER, SUGAR, CITRIC ACID AND ASCORBIC ACID (VITAMIN C)								
PROVOLONE CHEESE, SHREDDED				X						
RED ONION		100% FRESH RED ONION								
ROASTED ONIONS		YELLOW ONIONS, CARMELIZED SUGAR, CARAMEL COLOR, CANOLA OIL, CONTAINS LESS THAN 2% OF OLIVE OIL, SPICES, SALT								
ROASTED RED PEPPERS		RED BELL PEPPERS, CANOLA OIL, CONTAINS LESS THAN 2% OF SPICE, OLIVE OIL, SALT								
ROMA TOMATOES		100% FRESH ROMA TOMATOES								
ROMANO HERB MIX				X						
ROMANO CHEESE		IMPORTED PECORINO ROMANO CHEESE (PASTEURIZED SHEEP'S MILK, CHEESE CULTURES, SALT, ENZYMES AND POWDERED CELLULOSE (ANTI-CAKING AGENT))								
OREGANO		OREGANO								
SALAMI GENOVA		PORK, BEEF, SALT, DEXTROSE, LACTIC ACID STARTER CULTURE, SPICES, SODIUM ASCORBATE, SODIUM NITRITE, GARLIC POWDER, BHA, BHT, CITRIC ACID *BHA & BHT WITH CITRIC ACID ADDED TO HELP PROTECT FLAVOR								
SAUSAGE CRUMBLES		PORK, SALT, SPICES, WATER, CORN SYRUP SOLIDS, PAPRIKA, FLAVORING, DISODIUM INOSINATE AND DISODIUM GUANYLATE, BHA, BHT, PROPYL GALLATE								
SIRLOIN STEAK MEAT							X			
SPICY SAUSAGE CRUMBLES		PORK, SPICES, SALT, WATER, CORN SYRUP SOLIDS, PAPRIKA, PAPRIKA EXTRACT, FLAVORING, DISODIUM INOSINATE AND DISODIUM GUANYLATE, ANNATTO EXTRACT, BHA, BHT, PROPYL GALLATE								
SPINACH		SPINACH								
SUNDRIED TOMATOES STRIPS		SUN DRIED ROMA TOMATOES, WATER, CANOLA OIL, SUGAR, SPICES, DEHYDRATED ONION, DEHYDRATED GARLIC, SALT, CITRIC ACID, SULFUR DIOXIDE AND/OR SODIUM METABISULFITE								
CALZONE DIPPING SAUCES										
ALFREDO SAUCE				X						X
BARBECUE SAUCE (Montgomery Inn)		TOMATOES, DISTILLED VINEGAR, SUGAR, WATER, SALT, SPICES, DEHYDRATED ONIONS, DEHYDRATED GARLIC, CORN SYRUP, NATURAL FLAVORS, MODIFIED CORN STARCH, MOLASSES, CARAMEL COLOR, AND TAMARIND								
DIABLO SAUCE		X								
GARLIC SAUCE				X						
GARLIC SAUCE DIPPING CUPS				X						
ITALIAN DRESSING										
MEDIUM WING SAUCE				X						
PASTA SAUCE		WATER, TOMATO PASTE, SUGAR, SALT, SPICES, GARLIC POWDER & CITRIC ACID								
PIZZA SAUCE & PIZZA SAUCE DIPPING CUPS										
RANCH DRESSING & DIPPING CUP		X		X						X
HOAGY INGREDIENTS --ingredients are for Regular and Half Hoagys--										
BAKED BUDDY HOAGY		WHITE HOAGY BUN, CAPOCOLLA HAM, GENOVA SALAMI, PEPPERONI, PROVOLONE, PIZZA SAUCE, RED ONION, PICKLE								
BGOODZU CHICKEN HOAGY		WHEAT HOAGY BUN, CHICKEN BREAST STRIPS, REDUCED FAT MAYONNAISE W/ OLIVE OIL, LETTUCE, TOMATOES								
BGOODZU TURKEY HOAGY		WHEAT HOAGY BUN, TURKEY BREAST SLICES, REDUCED FAT MAYONNAISE W/ OLIVE OIL, LETTUCE, TOMATOES								
FRIED COD HOAGY*		WHITE HOAGY BUN, COD FILLETS, PROVOLONE, TARTAR SAUCE								
MEATBALL HOAGY		WHITE HOAGY BUN, MEATBALLS, PROVOLONE, PASTA SAUCE								
PHILLY CHICKEN HOAGY		WHITE HOAGY BUN, CHICKEN BREAST STRIPS, RED ONION, BANANA PEPPERS, SHARP WHITE CHEDDAR								
PHILLY STEAK HOAGY		WHITE HOAGY BUN, SIRLOIN STEAK STRIPS, RED ONION, BANANA PEPPERS, SHARP WHITE CHEDDAR								
ROYAL HOAGY		WHITE HOAGY BUN, CAPOCOLLA HAM, GENOVA SALAMI, PROVOLONE, ITALIAN DRESSING, RED ONION, TOMATOES								
STEAK HOAGY		WHITE HOAGY BUN, CHOPPED STEAK, PROVOLONE, TOMATOES, RED ONION + YOUR CHOICE OF SAUCE (check allergens individually on any sauces you choose)								
VEGGIE HOAGY		WHITE HOAGY BUN, PROVOLONE + YOUR CHOICE OF VEGGIES AND TOPPING (check allergens individually on any veggies and toppings you choose)								
2 PC FISH FILET DINNER*		Cod Filets, Tartar Sauce, French Fries and Ketchup								
*Prepared in NON-GMO CANOLA FRYER OIL										
ALFREDO SAUCE				X						X
BACON		BACON (CURED WITH WATER, SALT, SUGAR, SODIUM PHOSPHATES, SODIUM NITRITE), SMOKE FLAVORING, MAY CONTAIN SODIUM ASCORBATE, SODIUM ERYTHORBATE, POTASSIUM CHLORIDE, DEXTROSE								
BANANA PEPPERS		FRESH PEPPERS, WATER, VINEGAR, SALT, CALCIUM CHLORIDE, SODIUM BENZOATE (PRESERVATIVE), NATURAL FLAVORS, YELLOW 5, SODIUM METABISULFITE (PRESERVATIVE)								
BARBECUE SAUCE (Montgomery Inn)		TOMATOES, DISTILLED VINEGAR, SUGAR, WATER, SALT, SPICES, DEHYDRATED ONIONS, DEHYDRATED GARLIC, CORN SYRUP, NATURAL FLAVORS, MODIFIED CORN STARCH, MOLASSES, CARAMEL COLOR, AND TAMARIND								
BLACK OLIVES, SLICED		RIPE OLIVES, WATER, SALT, AND FERROUS GLUCONATE (ADDED TO STABILIZE COLOR)								
CAPOCOLLA HAM		CURED WITH WATER, SALT, SODIUM LACTATE, SUGAR, SODIUM PHOSPHATE, SODIUM DIACETATE, SODIUM ERYTHORBATE, SODIUM NITRATE (COATED WITH SPICES AND PAPRIKA)								
CHICKEN BREAST STRIPS				X			X			X
COD FILLETS (BEER BATTERED)		X		X						X
DIABLO SAUCE		X								
FRENCH FRIES		POTATOES, VEGETABLE OIL (MAY CONTAIN ONE OR MORE OF THE FOLLOWING: CANOLA OIL, SUNFLOWER OIL, COTTONSEED OIL, PALM OIL, CORN OIL, SOYBEAN OIL), MODIFIED FOOD STARCH, RICE FLOUR, DEXTIN, SALT, LEAVENING (SODIUM DIHYDROGEN PYROPHOSPHATE, SODIUM BICARBONATE), DEXTROSE, XANTHAN GUM								

Updated 12/17/18		EGG FISH	MILK	PEANUT	SHELLFISH	SOY*	TREE NUTS	WHEAT	MSG
GARLIC SAUCE	REFINED SOYBEAN OIL, WATER, PALM OIL, SALT, GARLIC POWDER, MONO AND DIGLYCERIDES, SILICON DIOXIDE, ARTIFICIAL FLAVOR (SUNFLOWER OIL, ARTIFICIAL FLAVOR), WHEY PROTEIN CONCENTRATE, BETA CAROTENE, CITRIC ACID, POLYSORBATE 6, NATURAL FLAVOR, PROPYLENE GLYCOL ALGINATE, XANTHAN GUM, SODIUM BENZOATE, POTASSIUM BENZOATE, TOCOPHEROL AND EDTA DISODIUM		X						
GREEN PEPPER STRIPS	100% FRESH GREEN PEPPERS								
GRILLED GREEN PEPPER STRIPS	100% FRESH GREEN PEPPERS								
GRILLED MUSHROOM SLICES	100% FRESH MUSHROOMS								
GRILLED RED ONION	100% FRESH RED ONION								
HONEY MUSTARD DRESSING/DIPPING SAUCE	SOYBEAN OIL, WATER, SUGAR, DISTILLED VINEGAR, HONEY, MUSTARD SEED, EGG YOLK, SALT, WHITE WINE, SPICE, NATURAL FLAVOR, XANTHAN GUM, CITRIC ACID, TARTARIC ACID, ARTIFICIAL COLOR INCLUDING YELLOW #5, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR	X							
ICEBERG LETTUCE	100% FRESH ICEBERG LETTUCE								
ITALIAN DRESSING	SOYBEAN OIL, RED WINE VINEGAR (PRESERVED WITH SULFITES), WATER, EXTRA VIRGIN OLIVE OIL, SUGAR, SALT, SPICE, DEHYDRATED GARLIC, XANTHAN GUM, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR								
JALAPENO PEPPERS	FRESH PEPPERS, WATER, VINEGAR, SALT, CALCIUM CHLORIDE, SODIUM BENZOATE, NATURAL FLAVORS, YELLOW 5, SODIUM METABISULFITE								
KETCHUP	TOMATO CONCENTRATE MADE FROM RED RIPE TOMATOES, DISTILLED VINEGAR, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, SALT, SPICE, ONION POWDER, NATURAL FLAVORING								
MAYONNAISE, KRAFT REAL	SOYBEAN OIL, WATER, EGGS, VINEGAR, CONTAINS LESS THAN 2% OF EGG YOLKS, LEMON JUICE CONCENTRATE, SALT, SUGAR, DRIED ONIONS, DRIED GARLIC, PAPRIKA, NATURAL FLAVOR, CALCIUM DISODIUM EDTA (TO PROTECT FLAVOR)	X							
MAYONNAISE, REDUCED FAT WITH OLIVE OIL PACKET	WATER, OLIVE OIL, CANOLA OIL, SOYBEAN OIL, VINEGAR, MODIFIED FOOD STARCH, SUGAR, MALTODEXTRIN, EGGS, CONTAINS LESS THAN 2% OF SALT, MUSTARD FLOUR, DRIED ONIONS, DRIED GARLIC, NATURAL FLAVOR, ENZYME MODIFIED EGG YOLK, BETA CAROTENE (COLOR), LACTIC ACID, POTASSIUM SORBATE AND CALCIUM DISODIUM EDTA AS PRESERVATIVES, PHOSPHORIC ACID. *INGREDIENT NOT NORMALLY FOUND IN MAYONNAISE	X							
MEATBALLS	BEEF, PORK, WATER, RICOTTA CHEESE (PASTEURIZED PART-SKIM MILK, FRESH WHEY, CREAM, VINEGAR, SALT), WHOLE EGGS, BREAD CRUMBS (WHEAT FLOUR, ENRICHED, MALTED, BROMATED (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, POTASSIUM BROMATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, PALM OIL, SALT, SWEET WHEY, SUGAR, YEAST (NATURAL YEAST, SORBITAN MONOSTEARATE, ASCORBIC ACID), CALCIUM PROPIONATE, SODIUM METABISULFITE), ROMANO CHEESE (SHEEP'S MILK, CHEESE CULTURE, SALT, ENZYMES, CALCIUM PROPIONATE), CONTAINS LESS THAN 2% OF SALT, DEHYDRATED GARLIC, SPICES, DEHYDRATED PARSLEY, BROWN SUGAR, CARAMEL COLOR	X	X						X
MUSHROOM SAUCE	WATER, MUSHROOMS, GRAYV BASE (CORN SYRUP SOLIDS, HYDROLYZED VEGETABLE PROTEIN BLEND [SOY PROTEIN, CORN GLUTEN, WHEAT GLUTEN], SALT, MALTODEXTRIN, COCONUT OIL, MUSHROOM EXTRACT, ONION POWDER, SOYBEAN OIL, GARLIC POWDER, BEEF EXTRACT, CARAMEL COLOR, TOMATO POWDER, YEAST EXTRACT, CALCIUM PHOSPHATE, DISODIUM INOSINATE AND GUANYLATE, SODIUM CASEINATE, NATURAL FLAVOR, SPICE, THIAMINE HYDROCHLORIDE, PARSLEY, CARROT POWDER, PAPRIKA, POTASSIUM AND SODIUM PHOSPHATE, SUGAR, CITRIC ACID, MONO- AND DIGLYCERIDES, CANOLA OIL, TORULA YEAST, SOY FLOUR, SOY LECITHIN, SPICE EXTRACTIVES), MODIFIED FOOD STARCH, CONTAINS LESS THAN 2% OF MIREPOIX BASE (SAUTEED VEGETABLES [CARROTS, CELERY, ONIONS], SUGAR, SOYBEAN OIL, SALT, MALTODEXTRIN, MODIFIED CORN STARCH, NATURAL FLAVORINGS), ONIONS, SALT		X			X			X
MUSHROOM SLICES	100% FRESH MUSHROOMS								
PASTA SAUCE	CRUSHED TOMATOES (WATER, CONCENTRATED CRUSHED TOMATOES), SOYBEAN OIL, SUGAR, SALT, DEHYDRATED ONION, SPICES, CARROT POWDER, DEHYDRATED PARSLEY, GRANULATED GARLIC, CELERY POWDER								
PEPPERONI	PORK, BEEF, SALT, SPICES, SUGAR, WATER, OLEORESIN OF PAPRIKA, NATURAL SMOKE FLAVORING, LACTIC ACID STARTER CULTURE, GARLIC POWDER, FLAVORING, SODIUM NITRITE, ASCORBIC ACID, BHA, BHT, CITRIC ACID								
PICKLE SLICES	CUCUMBERS, WATER, VINEGAR, SALT, CALCIUM CHLORIDE (FIRMING AGENT), LACTIC ACID, NATURAL FLAVORS, SODIUM BENZOATE, AND TURMERIC								
PIZZA SAUCE & PIZZA SAUCE DIPPING CUPS	WATER, TOMATO PASTE, SUGAR, SALT, SPICES, GARLIC POWDER & CITRIC ACID								
PROVOLONE CHEESE, SLICED	PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES (ANIMAL BASED LIPASE AND MICROBIAL RENNET)		X						
RANCH DRESSING & DIPPING CUP	SOYBEAN OIL, WATER, BUTTERMILK, DISTILLED VINEGAR, SALT, EGG YOLK, SUGAR, WHEY PROTEIN CONCENTRATE, GARLIC JUICE, MONOSODIUM GLUTAMATE, XANTHAN GUM, NATURAL FLAVOR, ONION, POTASSIUM SORBATE, AND SODIUM BENZOATE, ADDED AS PRESERVATIVES, POLYSORBATE 6, GARLIC, SPICE, PHOSPHORIC ACID, LACTIC ACID, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR *DEHYDRATED	X	X						X
RED ONION	100% FRESH RED ONION								
ROMA TOMATOES	100% FRESH ROMA TOMATOES								
SALAMI GENOA	PORK, BEEF, SALT, DEXTROSE, LACTIC ACID STARTER CULTURE, SPICES, SODIUM ASCORBATE, SODIUM NITRITE, GARLIC POWDER, BHA, BHT, CITRIC ACID *BHA & BHT WITH CITRIC ACID ADDED TO HELP PROTECT FLAVOR								
SHARP WHITE CHEDDAR	CHEDDAR CHEESE MILK, CHEESE CULTURE, SALT, ENZYMES, MILK/FAT, WATER, SODIUM CITRATE, SALT, SODIUM PHOSPHATE, SORBIC ACID AS A PRESERVATIVE, WITH SUNFLOWER LECITHIN ADDED FOR SLICE SEPERATION		X						
SIRLOIN STEAK MEAT	BEEF, WATER, SOY PROTEIN CONCENTRATE, SALT, BROWN SUGAR, MODIFIED FOOD STARCH, DEXTROSE, HYDROLYZED SOY AND CORN PROTEIN, CORN SYRUP SOLIDS, CARAMEL COLOR, TOMATO POWDER, ONION POWDER, GARLIC POWDER, TORULA YEAST, CITRIC ACID, SPICES (INCLUDING CELERY SEED), LEMON JUICE, SOLIDS, NATURAL FLAVOR, COATED WITH WATER, SALT, BROWN SUGAR, DEXTROSE, HYDROLYZED SOY AND CORN PROTEIN, TORULA YEAST, CORN SYRUP SOLIDS, CARAMEL COLOR, TOMATO POWDER, ONION POWDER, GARLIC POWDER, SPICES (INCLUDING CELERY SEED), CITRIC ACID, NATURAL FLAVOR					X			
SPINACH	SPINACH								
STEAK PATTY	BEEF, WATER, CONTAINS LESS THAN 2% OF WHEY PROTEIN CONCENTRATE, NATURAL FLAVOR, POTATO MALTODEXTRIN, SALT, BLACK PEPPER		X						
TARTAR SAUCE	WATER, VINEGAR, SOYBEAN OIL, CHOPPED PICKLES, SUGAR, HIGH FRUCTOSE CORN SYRUP, MODIFIED FOOD STARCH, CONTAINS LESS THAN 2% OF ONIONS, SALT, EGGS, NATURAL FLAVOR, MUSTARD FLOUR, XANTHAN GUM, PARSLEY, POTASSIUM SORBATE AND CALCIUM DISODIUM EDTA AS PRESERVATIVES, ARTIFICIAL FLAVOR, PAPRIKA, SPICE, GARLIC *DRIED	X							
TURKEY BREAST SLICES	TURKEY BREAST MEAT, TURKEY BROTH, CONTAINS 2% OR LESS SALT, CARRAGEENAN, SODIUM PHOSPHATE								
WHEAT HOAGY BUN	ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, ASCORBIC ACID, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, WHOLE WHEAT FLOUR, YEAST, CONTAINS 2% OR LESS OF THE FOLLOWING INGREDIENTS: SALT, CRACKED WHEAT, HONEY, SUGAR, SODIUM STEAROYL LACTYLATE, DATEM, CALCIUM SULFATE, WHEAT GLUTEN, SOYBEAN OIL, ENZYMES, VEGETABLE PROTEIN (CORN BASED), CALCIUM PEROXIDE, POTASSIUM IODATE, CARAMEL COLOR, CORN MEAL, CALCIUM PROPIONATE								X
WHITE HOAGY BUN	ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, ASCORBIC ACID [AS A DOUGH CONDITIONER], NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, CONTAINS 2% OR LESS OF THE FOLLOWING INGREDIENTS: SALT, SUGAR, SODIUM STEAROYL LACTYLATE, DATEM, CALCIUM SULFATE, SOYBEAN OIL, ENZYMES, VEGETABLE PROTEIN (CORN BASED), CALCIUM PEROXIDE, POTASSIUM IODATE, CORN MEAL, POPPY SEEDS, CALCIUM PROPIONATE (AS A MOLD INHIBITOR)								X
PASTA ENTREE AND ADD-ON INGREDIENTS									
-ingredients are for Regular, Catering Tray and Small size Pastas-									
CHEESE RAVIOLI W/ PASTA SAUCE	CHEESE RAVIOLI, PASTA SAUCE								
LASAGNA W/ MEAT SAUCE	MEAT SAUCE, LASAGNA SANDWICHES, LASAGNA FILLING, PASTA SAUCE, SLICED PROVOLONE								
MEAT RAVIOLI W/ PASTA SAUCE	MEAT RAVIOLI, PASTA SAUCE								
PELUCCI MIX	PASTA SAUCE, SAUSAGE CRUMBLES, GREEN PEPPERS, RED ONION								
SPAGHETTI & MEATBALLS W/ PASTA SAUCE	SPAGHETTI, PASTA SAUCE, MEATBALLS								
SPAGHETTI W/ MEATSAUCE	SPAGHETTI, MEAT SAUCE								
SPAGHETTI W/ PASTA SAUCE	SPAGHETTI, PASTA SAUCE								
ZITI CHICKEN ALFREDO	ZITI, CHICKEN BREAST STRIPS, ALFREDO SAUCE								
ZITI SAUSAGE PELUCCI W/ PASTA SAUCE	ZITI, PASTA SAUCE, SAUSAGE CRUMBLES, GREEN PEPPERS, RED ONION								
ZITI W/ PASTA SAUCE	ZITI, PASTA SAUCE								
GARLIC BREADSTICKS	BREADSTICKS, GARLIC SAUCE								
GARLIC BREADSTICKS W/ PROVOLONE	BREADSTICKS, GARLIC SAUCE, SLICED PROVOLONE								
GARLIC BREAD	GARLIC BREAD								
GARLIC BREAD W/ PROVOLONE	GARLIC BREAD, SLICED PROVOLONE								
ALFREDO SAUCE	CREAM, SKIM MILK, SOYBEAN OIL, CANOLA OIL, PARMESAN CHEESE (CULTURED MILK, SALT, ENZYMES), WATER, MODIFIED CORNSTARCH, ASIAGO CHEESE (CULTURED MILK, SALT, ENZYMES), SALT, ROSEMARY, GARLIC POWDER, WHOLE EGGS, PROVOLONE CHEESE (PASTEURIZED WHOLE MILK, CHEESE CULTURE, SALT, ENZYMES), BREAD CRUMBS (WHEAT FLOUR, WATER, SALT, YEAST, ALSO, IT MAY CONTAIN: SOYBEAN OIL, CALCIUM PROPIONATE), EGG WHITES, SALT, BLACK PEPPER, PARSLEY		X						X
BACON	BACON (CURED WITH WATER, SALT, SUGAR, SODIUM PHOSPHATES, SODIUM NITRITE), SMOKE FLAVORING, MAY CONTAIN SODIUM ASCORBATE, SODIUM ERYTHORBATE, POTASSIUM CHLORIDE, DEXTROSE								
BREADSTICKS	ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, ASCORBIC ACID, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, CONTAINS 2% OR LESS OF THE FOLLOWING INGREDIENTS: SUGAR, SALT, SODIUM STEAROYL LACTYLATE, DATEM, CALCIUM SULFATE, SOYBEAN OIL, ENZYMES, L-CYSTEINE, CALCIUM PEROXIDE, POTASSIUM IODATE, CALCIUM PROPIONATE								X
BUTTER	CREAM, SALT	X							
CHEESE RAVIOLI	RICOTTA CHEESE (WHEY, MILK, VINEGAR AND CARRAGEENAN [STABILIZER]), DURUM FLOUR ENRICHED (DURUM FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, WHOLE EGGS, PROVOLONE CHEESE (PASTEURIZED WHOLE MILK, CHEESE CULTURE, SALT, ENZYMES), BREAD CRUMBS (WHEAT FLOUR, WATER, SALT, YEAST, ALSO, IT MAY CONTAIN: SOYBEAN OIL, CALCIUM PROPIONATE), EGG WHITES, SALT, BLACK PEPPER, PARSLEY	X	X						X
CHICKEN BREAST STRIPS	SKINLESS BONELESS CHICKEN BREAST MEAT WITH RIB MEAT, WATER, POTATO STARCH, SEASONING (SUGAR, GARLIC, ROMANO CHEESE (PART SKIM COW'S MILK, CHEESE CULTURES, SALT, ENZYMES), DEHYDRATED ONION), ISOLATED SOY PROTEIN, SEA SALT, COATED WITH CORN FLOUR, WHEAT FLOUR, SALT, CORN STARCH, SPICES, PAPRIKA, GARLIC POWDER, EXTRACTIVES OF PAPRIKA		X			X			X
CRUSHED RED PEPPER	RED PEPPER								
CRUSHED RED PEPPER PACKET	CRUSHED RED PEPPER								
GARLIC BREAD SLICES	ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, MARGARINE (PARTIALLY HYDROGENATED SOYBEAN & COTTONSEED OILS, WATER, SALT, MONO- & DIGLYCERIDES, SOY LECITHIN, ARTIFICIAL FLAVOR, BETA CAROTENE COLOR, VITAMIN A PALMITATE), CONATINS LESS THAN 2% OF EACH OF THE FOLLOWING: SALT, YEAST, SOYBEAN OIL, ROMANO CHEESE (PASTEURIZED SHEEP'S MILK, SALT, RENNET), VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN & COTTONSEED OILS, GARLIC POWDER, MONOCALCIUM PHOSPHATE, CALCIUM CARBONATE, DRIED BASIL, PARSLEY FLAKES, DRIED OREGANO, WHEY, ASCORBIC ACID ADDED AS A DOUGH CONDITIONER, POTASSIUM IODATE, ENZYME, L-CYSTEINE		X			X			X
GARLIC SAUCE	REFINED SOYBEAN OIL, WATER, PALM OIL, SALT, GARLIC POWDER, MONO AND DIGLYCERIDES, SILICON DIOXIDE, ARTIFICIAL FLAVOR (SUNFLOWER OIL, ARTIFICIAL FLAVOR), WHEY PROTEIN CONCENTRATE, BETA CAROTENE, CITRIC ACID, POLYSORBATE 6, NATURAL FLAVOR, PROPYLENE GLYCOL ALGINATE, XANTHAN GUM, SODIUM BENZOATE, POTASSIUM BENZOATE, TOCOPHEROL AND EDTA DISODIUM		X						
GREEN PEPPER STRIPS	100% FRESH GREEN PEPPERS								
LASAGNA FILLING	RICOTTA CHEESE (WHEY, MILK, VINEGAR AND XANTHAN GUM, LOCUST BEAN GUM, GUAR GUM (STABILIZERS))		X						
FOUR-CHEESE BLEND	PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES (ANIMAL BASED LIPASE AND MICROBIAL RENNET), POWDERED CELLULOSE ADDED TO PREVENT CAKING, AND NATAMYCIN (A NATURAL MOLD INHIBITOR)		X						
PROVOLONE CHEESE, SHREDDED	PASTEURIZED MILK, VINEGAR, SALT, ENZYMES		X						
FRESH MOZZARELLA	WHEY, MILK, VINEGAR AND XANTHAN GUM, LOCUST BEAN GUM, GUAR GUM (STABILIZERS)		X						
RICOTTA CHEESE	WHEY, MILK, VINEGAR AND XANTHAN GUM, LOCUST BEAN GUM, GUAR GUM (STABILIZERS)		X						
ROMANO CHEESE	IMPORTED PECORINO ROMANO CHEESE (PASTEURIZED SHEEP'S MILK, CHEESE CULTURES, SALT, ENZYMES AND POWDERED CELLULOSE (ANTI-CAKING AGENT))		X						
OREGANO	BEEF, SALT, SPICES								
GROUND BEEF CRUMBLES	CRUSHED TOMATOES (WATER, CONCENTRATED CRUSHED TOMATOES), SOYBEAN OIL, SUGAR, SALT, DEHYDRATED ONION, SPICES, CARROT POWDER, DEHYDRATED PARSLEY, GRANULATED GARLIC, CELERY POWDER								
PASTA SAUCE	ENRICHED LASAGNA NOODLES (WATER, ENRICHED DURUM FLOUR (MILLED WHEAT, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHOLE EGG), CHEESE FILLING (RICOTTA CHEESE (WHEY, MILK, CREAM, VINEGAR, AND XANTHAN GUM, LOCUST BEAN GUM, GUAR GUM, (STABILIZERS)), WHOLE EGG, WATER, MOZZARELLA CHEESE (PASTEURIZED PART SKIM MILK, CULTURES, SALT, ENZYMES), ROMANO CHEESE (PASTEURIZED SHEEP'S MILK, CHEESE CULTURES, SALT, ENZYMES), SALT, PARSLEY, WHITE PEPPER, XANTHAN GUM)	X	X						X
LASAGNA SANDWICHES	DURUM FLOUR ENRICHED (DURUM FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, PORK, BEEF, SPINACH, WHOLE EGGS, ROMANO CHEESE (PASTEURIZED COW'S MILK, CHEESE CULTURES, SALT, ENZYMES, AND POWDERED CELLULOSE (ANTI-CAKING AGENT)), BREAD CRUMBS (WHEAT FLOUR, WATER, SALT, YEAST), SALT, EGG WHITES, BLACK PEPPER, PARSLEY	X	X						X
MEAT RAVIOLI	DURUM FLOUR ENRICHED (DURUM FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, PORK, BEEF, SPINACH, WHOLE EGGS, ROMANO CHEESE (PASTEURIZED COW'S MILK, CHEESE CULTURES, SALT, ENZYMES, AND POWDERED CELLULOSE (ANTI-CAKING AGENT)), BREAD CRUMBS (WHEAT FLOUR, WATER, SALT, YEAST), SALT, EGG WHITES, BLACK PEPPER, PARSLEY	X	X						X

Updated 12/17/18		EGG	FISH	MILK	PEANUT	SHELLFISH	SOY*	TREE NUTS	WHEAT	MSG
BEEF BARLEY SOUP	WATER, DICED TOMATOES (TOMATOES TOMATO JUICE, CITRIC ACID, CALCIUM CHLORIDE), COOKED HAMBURGER CRUMBLES (BEEF, SALT), CARROTS, BARLEY FLAKES, CELERY, DEHYDRATED POTATOES (POTATOES, SODIUM ACID PYROPHOSPHATE), GREEN BEANS, CORN, GREEN PEAS, MODIFIED CORNSTARCH, CONTAINS 2% OR LESS OF: ONIONS, SALT, BEEF TALLOW, VEGETABLE PROTEINS (HYDROLYZED CORN, SOY, AND WHEAT GLUTEN), TOMATO PASTE, DEXTROSE, BEEF FAT, YEAST EXTRACT, SUGAR, CARMEL COLOR, DISODIUM INOSINATE, DISODIUM GUANYLATE, NATURAL AND ARTIFICIAL FLAVORING, BHT, ONION POWDER, SUNFLOWER OIL, CITRIC ACID						X		X	
CHICKEN AND DUMPLINGS SOUP	WATER, SPATZLE DUMPLINGS (WATER, ENRICHED FLOUR [WHEAT FLOUR, Malted BARLEY FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHOLE EGG, ENRICHED DURUM FLOUR [DURUM WHEAT FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], SALT, WHEAT GLUTEN, OLEORESIN TURMERIC), CARROTS, COOKED CHICKEN DARK MEAT (CHICKEN DARK MEAT, WATER, ISOLATED SOY PROTEIN, SALT, SODIUM PHOSPHATE), COOKED MECHANICALLY SEPARATED CHICKEN, MODIFIED CORNSTARCH, NONFAT DRY MILK, CELERY, RENDERED CHICKEN FAT (CHICKEN FAT, NATURAL FLAVORING), SOYBEAN OIL, CONTAINS LESS THAN 2% OF THE FOLLOWING: SALT, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SEASONING (FLAVOR ENHANCER [HYDROLYZED CORN GLUTEN, WHEAT AND SOY PROTEIN, AUTOLYZED YEAST EXTRACT], EMULSIFIER [PROPYLENE GLYCOL MONOSTEARATE, MONOGLYCERIDES], WHITE PEPPER, YEAST EXTRACT (SOY)), SODIUM STEAROYL LACTATE, SPICES, TURMERIC POWDER [EXTRACTIVES OF TURMERIC]), CHICKEN FLAVOR (SALT, HYDROLYZED CORN GLUTEN, SUGAR, YEAST EXTRACT, CHICKEN POWDER, YEAST, ROSEMARY, SOY FLOUR), CHICKEN SEASONING (AUTOLYZED YEAST EXTRACT, CHICKEN FAT, TAPIOCA DEXTRIN, MALTODEXTRIN [CORN], HYDROLYZED WHEAT PROTEIN, FLAVOR, SILICON DIOXIDE, MODIFIED CORNSTARCH, CARMEL COLOR, GRILL FLAVOR [FROM VEGETABLE OIL], DISODIUM GUANYLATE, DISODIUM INOSINATE, TRICALCIUM PHOSPHATE, LACTIC ACID, SULFITES), CHICKEN BROTH POWDER (CHICKEN BROTH, SALT, NATURAL FLAVORS), PARSLEY, ANNATTO COLOR [REFINED SOYBEAN OIL, ANNATTO EXTRACT, MONO AND DIGLYCERIDES]	X		X				X		X
CHICKEN NOODLE SOUP	WATER, NOODLES, CHICKEN, CARROTS, CELERY, YELLOW ONION, CHICKEN BASE, MODIFIED FOOD STARCH, SOYBEAN OIL, SALT, BLACK PEPPER, GRANULATED GARLIC PARSLEY FLAKES	X		X			X		X	
CHILI WITH BEANS	BEEF, WATER, COOKED RED KIDNEY BEANS, TOMATO PASTE, ONIONS, WHEAT FLOUR, ENRICHED, MALTED (WHEAT FLOUR, Malted BARLEY FLOUR, NIACIN, REDUCED IRON, POTASSIUM BROMATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CELERY, CONTAINS LESS THAN 2% OF CHILI POWDER (CHILI PEPPER, SPICES, SALT, GARLIC POWDER), SALT, SPICES, SEASONING (POTASSIUM CHLORIDE, FLAVOR [CONTAINS MALTODEXTRIN], CHILI PEPPER, DEHYDRATED GARLIC, SUGAR, SODIUM PHOSPHATES									X
CREAM OF BROCCOLI SOUP	WATER, CREAM SOUP BASE, BROCCOLI, CHICKEN BASE, DEHYDRATED BROCCOLI, VEGETABLE BASE, SALT, BROCCOLI BEANS, BUTTER BUDS, CARROTS, WHITE PEPPER, GARLIC POWDER, ONION, NUTMEG			X						
FRENCH ONION SOUP	WATER, CREAM, BEEF BASE, SUGAR, STARCH, GRANULATED ONION, WORCESTERSHIRE, HVP, BLACK PEPPER, CARAMEL COLORING, GRANULATED GARLIC									
GARLIC BREAD SLICES	ENRICHED FLOUR (WHEAT FLOUR, MALT BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, MARGARINE (PARTIALLY HYDROGENATED SOYBEAN & COTTONSEED OILS, WATER, SALT, MONO- & DIGLYCERIDES, SOY LECITHIN, ARTIFICIAL FLAVOR, BETA CAROTENE COLOR, VITAMIN A PALMITATE), CONTAINS LESS THAN 2% OF EACH OF THE FOLLOWING: SALT, YEAST, SOYBEAN OIL, ROMANO CHEESE (PASTEURIZED SHEEP'S MILK, SALT, RENNET), VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN & COTTONSEED OILS, GARLIC POWDER, MONOCALCIUM PHOSPHATE, CALCIUM CARBONATE, DRIED BASIL, PARSLEY FLAKES, DRIED OREGANO, WHEY, ASCORBIC ACID ADDED AS A DOUGH CONDITIONER, POTASSIUM IODATE, ENZYME, L-CYSTEINE			X			X		X	
MINESTRONE SOUP	WATER, DICED TOMATOES, CABBAGE, POTATOES, CARROTS, KIDNEY BEANS, GARBANZO BEANS, CELERY, KALE, GREAT NORTHERN BEANS, GREEN BEANS, ONION, DITALINI PASTA, TOMATO PASTE, BLACK BEANS, LENTILS, SALT, BEEF BASE, STARCH, SUGAR, GARLIC POWDER									X
POTATO W/BACON SOUP	WATER, SOYBEAN OIL, CREAM SOUP BASE, POTATOES, POTATOES DRY, CARROTS, ONION, CHICKEN BASE, CELERY, BACON PIECES, MODIFIED FOOD STARCH, SALT, BUTTER BUDS, BLACK PEPPER, PARSLEY FLAKES			X			X			
PROVOLONE CHEESE, SLICED	PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES (ANIMAL BASED LIPASE AND MICROBIAL RENNET)			X						
SALTINE CRACKERS	ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: CANOLA OIL, CORN OIL, PALM OIL, SOYBEAN OIL), SALT, SODIUM BICARBONATE (LEAVENING), YEAST, MALTED BARLEY FLOUR									X
TOMATO FLORENTINE SOUP	WATER, COOKED ENRICHED MACARONI PRODUCT (WATER, ENRICHED SEMOLINA [DURUM WHEAT SEMOLINA, FERROUS SULFATE, NIACIN, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], EGG WHITES), DICED TOMATOES (TOMATOES, TOMATO JUICE, CITRIC ACID, CALCIUM CHLORIDE), TOMATO PASTE (TOMATOES, CITRIC ACID), ZUCCHINI, CARROTS, CELERY, SPINACH, CONTAINS 2% OR LESS OF: SEASONING BASE (SALT, DEXTROSE, RENDERED BEEF FAT [WITH TBHQ], ONION POWDER, CARMEL COLOR, DISODIUM INOSINATE AND GUANYLATE, SULFURING AGENTS), DEHYDRATED ONIONS, MODIFIED CORNSTARCH, PARMESAN CHEESE (PART-SKIM MILK, CHEESE CULTURES, SALT, ENZYMES), SUGAR, SEASONING BLEND (SALT, DISODIUM INOSINATE AND GUANYLATE, SPICES, DEHYDRATED PARSLEY, CANTHAXANTHIN [COLOR]), GARLIC PUREE (GARLIC, HIGH FRUCTOSE CORN SYRUP), SALT, PEPPER SAUCE (VINEGAR, RED PEPPER, SALT)	X		X						X
STARTERS AND WINGS INGREDIENTS – ingredients are for Regular and Catering Tray size Starters –										
CHEESY FLAT BREAD	CHEESY FLAT BREAD DOUGH, PAN RELEASE SPRAY, GARLIC-PESTO SAUCE, SHREDDED PROVOLONE									
CHICKEN TENDERS*	CHICKEN TENDERS									
FOUR TASTE SAMPLER*	BONELESS CHICKEN WINGS (check allergens individually on any Wings Sauce you choose), FRIED MOZZARELLA CHEESE STICKS, KITCHEN CHIPS, ONION TWISTS									
FRENCH FRIES*	FRENCH FRIES, SEA SALT									
FRIED MOZZARELLA CHEESE STICKS*	MOZZARELLA CHEESE STICKS									
GARLIC BREAD	GARLIC BREAD SLICES									
GARLIC BREADSTICKS W/ PROVOLONE	BREADSTICKS, GARLIC SAUCE, SLICED PROVOLONE									
GARLIC FRIES*	FRENCH FRIES, GARLIC SAUCE, FRESH GARLIC, PARSLEY									
KITCHEN CHIPS*	KITCHEN CHIPS, SEA SALT									
ONION TWISTS*	ONION TWISTS									
RONDOS, PEPPERONI	RONDO DOUGH, PAN RELEASE SPRAY, GARLIC SAUCE, GARLIC-PESTO SAUCE, SHREDDED PROVOLONE, PEPPERONI									
RONDOS, SPINACH	RONDO DOUGH, PAN RELEASE SPRAY, GARLIC SAUCE, GARLIC-PESTO SAUCE, SHREDDED PROVOLONE, SPINACH									
TRADITIONAL WINGS*	CHICKEN WINGS (check allergens individually on any Wings Sauce you choose)									
BONELESS WINGS*	BONELESS CHICKEN WINGS (check allergens individually on any Wings Sauce you choose)									
CARROT AND CELERY STICKS	CARROT STICKS, CELERY STICKS									
*Prepared in NON-GMO CANOLA FRYER OIL										
BACON	BACON (CURED WITH WATER, SALT, SUGAR, SODIUM PHOSPHATES, SODIUM NITRITE), SMOKE FLAVORING. MAY CONTAIN SODIUM ASCORBATE, SODIUM ERYTHORBATE, POTASSIUM CHLORIDE, DEXTROSE									
BONELESS CHICKEN WINGS	CHICKEN, WATER, STARCH, SODIUM PHOSPHATE AND SALT, ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), DRIED GARLIC, DRIED WHOLE EGG, SALT, CORN STARCH, PAPRIKA, DRIED ONION AND SPICE EXTRACT	X								X
BREADSTICKS	ENRICHED WHEAT FLOUR (WHEAT FLOUR, Malted BARLEY FLOUR, ASCORBIC ACID, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, CONTAINS 2% OR LESS OF THE FOLLOWING INGREDIENTS: SUGAR, SALT, SODIUM STEAROYL LACTYLATE, DATEM, CALCIUM SULFATE, SOYBEAN OIL, ENZYMES, L-CYSTEINE, CALCIUM PEROXIDE, POTASSIUM IODATE, CALCIUM PROPIONATE									X
CARROT AND CELERY STICKS	FRESH CARROT, FRESH CELERY									
CHEESY FLAT BREAD DOUGH	FLOUR (WHEAT FLOUR, NON-ENRICHED), MALTED BARLEY FLOUR, WATER, SOYBEAN OIL, YEAST, SUGAR, SALT, SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE, DATEM, SOUR BLEND (WHEAT FLOUR, CORN FLOUR, ACETIC ACID, VEGETABLE OIL (PARTIALLY HYDROGENATED SOYBEAN, COTTONSEED AND/OR CANOLA OILS))						X			X
prepared with PAN RELEASE SPRAY	CANOLA OIL, SOY LECITHIN, WATER, SILICON DIOXIDE, PROPPELLANT *ADDS A TRIVIAL AMOUNT OF FAT							X		
CHICKEN TENDERS	CHICKEN TENDERS/OILS, CONTAINS UP TO 1% OF A SOLUTION OF WATER, SALT AND CHICKEN BROTH. BREADED AND BATTERED WITH: WATER, BLEACHED ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, SPICES, SOYBEAN OIL, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), HYDROLYZED WHEAT PROTEIN, GARLIC POWDER, SOY FLOUR, SPICE EXTRACTIVES. LESS THAN 2% SILICON DIOXIDE AS ANTICAKING AGENT						X		X	
CHICKEN WINGS	FIRST AND SECOND JOINT CHICKEN WING SECTIONS, WATER, SEASONING (FOOD STARCH (UNMODIFIED), SALT, CHICKEN BROTH POWDER, SPICE EXTRACTS, NATURAL FLAVOR), AND SALT. COATED WITH: UNBLEACHED WHEAT FLOUR, RICE FLOUR AND CORN STARCH									X
FRENCH FRIES	POTATOES, VEGETABLE OIL (MAY CONTAIN ONE OR MORE OF THE FOLLOWING: CANOLA OIL, SUNFLOWER OIL, COTTONSEED OIL, PALM OIL, CORN OIL, SOYBEAN OIL), MODIFIED FOOD STARCH, RICE FLOUR, DEXTRIN, SALT, LEAVENING (DISODIUM DIHYDROGEN PYROPHOSPHATE, SODIUM BICARBONATE), DEXTROSE, XANTHAN GUM									
GARLIC BREAD SLICES	ENRICHED FLOUR (WHEAT FLOUR, MALT BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, MARGARINE (PARTIALLY HYDROGENATED SOYBEAN & COTTONSEED OILS, WATER, SALT, MONO- & DIGLYCERIDES, SOY LECITHIN, ARTIFICIAL FLAVOR, BETA CAROTENE COLOR, VITAMIN A PALMITATE), CONTAINS LESS THAN 2% OF EACH OF THE FOLLOWING: SALT, YEAST, SOYBEAN OIL, ROMANO CHEESE (PASTEURIZED SHEEP'S MILK, SALT, RENNET), VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN & COTTONSEED OILS, GARLIC POWDER, MONOCALCIUM PHOSPHATE, CALCIUM CARBONATE, DRIED BASIL, PARSLEY FLAKES, DRIED OREGANO, WHEY, ASCORBIC ACID ADDED AS A DOUGH CONDITIONER, POTASSIUM IODATE, ENZYME, L-CYSTEINE			X			X		X	
GARLIC FRESH PEELED	100% PEELED GARLIC (NO PRESERVATIVES OR ADDITIVES)									
GARLIC PESTO SAUCE										
GARLIC SAUCE	REFINED SOYBEAN OIL, WATER, PALM OIL, SALT, GARLIC POWDER, MONO AND DIGLYCERIDES, SILICON DIOXIDE, ARTIFICIAL FLAVOR (SUNFLOWER OIL, ARTIFICIAL FLAVOR), WHEY PROTEIN CONCENTRATE, BETA CAROTINE, CITRIC ACID, POLYSORBATE 6, NATURAL FLAVOR, PROPYLENE GLYCOL ALGINATE, XANTHAN GUM, SODIUM BENZOATE, POTASSIUM BENZOATE, TOCOPHEROL AND EDTA DISODIUM			X						
PESTO	BASIL, CANOLA OIL, WATER, PARMESAN CHEESE (PASTEURIZED PART-SKIM COWS' MILK, CHEESE CULTURE, SALT, ENZYMES), GRANULATED GARLIC, SALT			X						
ROMANO CHEESE	IMPORTED PECORINO ROMANO CHEESE (PASTEURIZED SHEEP'S MILK, CHEESE CULTURES, SALT, ENZYMES AND POWDERED CELLULOSE (ANTI-CAKING AGENT))			X						
GARLIC GRANULATED	100% GARLIC									
OREGANO	OREGANO									
GARLIC SAUCE	REFINED SOYBEAN OIL, WATER, PALM OIL, SALT, GARLIC POWDER, MONO AND DIGLYCERIDES, SILICON DIOXIDE, ARTIFICIAL FLAVOR (SUNFLOWER OIL, ARTIFICIAL FLAVOR), WHEY PROTEIN CONCENTRATE, BETA CAROTINE, CITRIC ACID, POLYSORBATE 6, NATURAL FLAVOR, PROPYLENE GLYCOL ALGINATE, XANTHAN GUM, SODIUM BENZOATE, POTASSIUM BENZOATE, TOCOPHEROL AND EDTA DISODIUM			X						
KITCHEN CHIPS	POTATOES, VEGETABLE OIL (MAY CONTAIN ONE OR MORE OF THE FOLLOWING: CANOLA OIL, SUNFLOWER OIL, COTTONSEED OIL, PALM OIL, CORN OIL, SOYBEAN OIL), SALT, DISODIUM DIHYDROGEN PYROPHOSPHATE (TO PROMOTE COLOR RETENTION), DEXTROSE									
MOZZARELLA CHEESE STICKS	MOZZARELLA CHEESE (PASTEURIZED PART-SKIM MILK, CREAM MILK, BUTYRIC ACID, SALT, ENZYMES, CALCIUM CHLORIDE), BLEACHED WHEAT FLOUR, WATER, YELLOW CORN FLOUR, SOY FLOUR, SUGAR, SALT, DEXTROSE, SOYBEAN OIL, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE), DEXTROSE, XANTHAN GUM, EXTRACTS OF TURMERIC AND ANNATTO COLORING WITH WHEAT FLOUR AND SOYBEAN OIL FLAVOR (MALT DEXTRIN AND NATURAL FLAVORS (MADE FROM MILK))	X		X			X		X	
ONION TWISTS	ONIONS, BLEACHED WHEAT FLOUR, VEGETABLE OIL (SOYBEAN AND/OR CANOLA), CONTAINS 2% OR LESS OF BUTTERMILK FLAVOR (WHEY, LACTIC ACID, CITRIC ACID, MODIFIED FOOD STARCH, PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OIL), DEXTROSE, DRIED GARLIC, GUAR GUM, ONION POWDER, SALT, SORBITOL, SPICE EXTRACTIVE, WATER, YELLOW CORN FLOUR			X					X	
PARSLEY FLAKES	DRIED CUT LEAVES OF PARSLEY									
PEPPERONI	PORK, BEEF, SALT, SPICES, SUGAR, WATER, OLEORESIN OF PAPRIKA, NATURAL SMOKE FLAVORING, LACTIC ACID STARTER CULTURE, GARLIC POWDER, FLAVORING, SODIUM NITRITE, ASCORBIC ACID, BHA, BHT, CITRIC ACID									
PROVOLONE CHEESE, SHREDDED	PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES (ANIMAL BASED LIPASE AND MICROBIAL RENNET), POWDERED CELLULOSE ADDED TO PREVENT CAKING, AND NATAMYCIN (A NATURAL MOLD INHIBITOR)			X						
PROVOLONE CHEESE, SLICED	PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES (ANIMAL BASED LIPASE AND MICROBIAL RENNET)			X						
RONDO DOUGH	FLOUR (WHEAT FLOUR, NON-ENRICHED), MALTED BARLEY FLOUR, WATER, SOYBEAN OIL, YEAST, SUGAR, SALT, SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE, DATEM, SOUR BLEND (WHEAT FLOUR, CORN FLOUR, ACETIC ACID, VEGETABLE OIL (PARTIALLY HYDROGENATED SOYBEAN, COTTONSEED AND/OR CANOLA OILS))									X
prepared with PAN RELEASE SPRAY	CANOLA OIL, SOY LECITHIN, WATER, SILICON DIOXIDE, PROPPELLANT *ADDS A TRIVIAL AMOUNT OF FAT							X		
SEA SALT	SEA SALT, YELLOW PRUSSIAN OF SODA (ANTICAKING AGENT)									
SPINACH	SPINACH									
WINGS SAUCES AND STARTERS DIPPING SAUCES										
ALFREDO SAUCE	CREAM, SKIM MILK, SOYBEAN OIL, CANOLA OIL, PARMESAN CHEESE (CULTURED MILK, SALT, ENZYMES), WATER, MODIFIED CORNSTARCH, ASIAGO CHEESE (CULTURED MILK, SALT, ENZYMES), SALT, ROMANO CHEESE (MADE FROM COW'S MILK), CULTURED MILK, SALT, ENZYMES), DRY CREAM (CREAM, NONFAT MILK), ENZYME MODIFIED PARMESAN CHEESE (CULTURED MILK, WATER, SALT, ENZYMES), WHEY PROTEIN CONCENTRATE, LACTOSE (CONTAINS MILK), DATEM, SPICE, XANTHAN GUM, EXTRACTS OF TURMERIC AND ANNATTO COLORING WITH WHEAT FLOUR AND SOYBEAN OIL FLAVOR (MALT DEXTRIN AND NATURAL FLAVORS (MADE FROM MILK))			X						X
BARBECUE SAUCE (Montgomery Inn)	TOMATOES, DISTILLED VINEGAR, SUGAR, WATER, SALT, SPICES, DEHYDRATED ONIONS, DEHYDRATED GARLIC, CORN SYRUP, NATURAL FLAVORS, MODIFIED CORN STARCH, MOLASSES, CARMEL COLOR, AND TAMARIND									
BARBECUE-GARLIC WINGS SAUCE										
BARBECUE SAUCE (Montgomery Inn)	TOMATOES, DISTILLED VINEGAR, SUGAR, WATER, SALT, SPICES, DEHYDRATED ONIONS, DEHYDRATED GARLIC, CORN SYRUP, NATURAL FLAVORS, MODIFIED CORN STARCH, MOLASSES, CARMEL COLOR, AND TAMARIND									
GARLIC SAUCE	REFINED SOYBEAN OIL, WATER, PALM OIL, SALT, GARLIC POWDER, MONO AND DIGLYCERIDES, SILICON DIOXIDE, ARTIFICIAL FLAVOR (SUNFLOWER OIL, ARTIFICIAL FLAVOR), WHEY PROTEIN CONCENTRATE, BETA CAROTINE, CITRIC ACID, POLYSORBATE 6, NATURAL FLAVOR, PROPYLENE GLYCOL ALGINATE, XANTHAN GUM, SODIUM BENZOATE, POTASSIUM BENZOATE, TOCOPHEROL AND EDTA DISODIUM			X						
GARLIC FRESH PEELED	100% PEELED GARLIC (NO PRESERVATIVES OR ADDITIVES)									
BLUE CHEESE DIPPING CUP and PACKET	SOYBEAN OIL, WATER, BLUE CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), DISTILLED VINEGAR, EGG YOLK, SUGAR, SALT, XANTHAN GUM, SOUR CREAM POWDER (CREAM, NONFAT MILK SOLIDS, CITRIC ACID, LACTIC ACID), SODIUM BENZOATE AND POTASSIUM SORBATE (PRESERVATIVES), NATURAL FLAVOR, DEHYDRATED GARLIC, GUAR GUM	X		X						

Updated 12/17/18		EGG	FISH	MILK	PEANUT	SHELLFISH	SOY*	TREE NUTS	WHEAT	MSG
MINUTE MAID LIGHT LEMONADE RASPBERRY FREESTYLE	WATER, CITRIC ACID, NATURAL FLAVORS, SODIUM CITRATE, ASPARTAME, MODIFIED FOOD STARCH, ACESULFAME POTASSIUM, ASCORBIC ACID (VITAMIN C), GLYCEROL ESTER OF ROSIN, RED 40, YELLOW 5.									
MINUTE MAID LIGHT LEMONADE STRAWBERRY FREESTYLE	WATER, CITRIC ACID, NATURAL FLAVORS, SODIUM CITRATE, ASPARTAME, ACESULFAME POTASSIUM, MODIFIED FOOD STARCH, ASCORBIC ACID (VITAMIN C), GLYCEROL ESTER OF ROSIN, RED 40, YELLOW 5.									
MINUTE MAID LIGHT MIXED BERRY FREESTYLE	Water, Citric Acid, Natural Flavors, Sodium Citrate, Aspartame, Acesulfame Potassium, Ascorbic Acid (Vitamin C), Red 40, Glycerol Ester of Rosin, Modified Food Starch.									
MINUTE MAID LIGHT ORANGE FREESTYLE	Water, Citric Acid, Sodium Citrate, Aspartame, Acesulfame Potassium, Natural Flavors, Modified Food Starch, Glycerol Ester of Rosin, Ascorbic Acid, (Vitamin C), Yellow 6, Sucrose Acetate Isobutyrate, Red 40.									
MINUTE MAID LIGHT PEACH FREESTYLE	Water, Citric Acid, Natural Flavors, Sodium Citrate, Aspartame, Acesulfame Potassium, Ascorbic Acid (Vitamin C), Yellow 6, Glycerol Ester of Rosin, Modified Food Starch, Red 40.									
MINUTE MAID LIGHT PINK LEMONADE FREESTYLE	WATER, CITRIC ACID, SODIUM CITRATE, ASPARTAME, MODIFIED FOOD STARCH, ACESULFAME POTASSIUM, ASCORBIC ACID (VITAMIN C), NATURAL FLAVORS, GLYCEROL ESTER OF ROSIN, RED 40, YELLOW 5.									
MINUTE MAID PINK LEMONADE FREESTYLE	WATER, HIGH FRUCTOSE CORN SYRUP, CITRIC ACID, POTASSIUM CITRATE, MODIFIED FOOD STARCH, NATURAL FLAVORS, GLYCEROL ESTER OF ROSIN, RED 40, YELLOW 5									
MINUTE MAID SPARKLING CHERRY LIMEADE FREESTYLE	W8 Water, Water, Citric acid, Propylene glycol, Glycerin, Ethanol, Trisodium citrate, Aspartame, Acesulfame-K, Flavor, Ascorbic acid, Phosphoric acid, Sodium benzoate, FD&C Red No. 40, Glycerol ester of wood rosin, Modified Corn Starch, FD&C Yellow No. 5, S-811 Potassium Sorbate (Potassium sorbate), FD&C Yellow No. 6, FD&C Blue No. 1, Tocopherols.									
MINUTE MAID SPARKLING FIZZY FRUIT PUNCH FREESTYLE	Carbonated Water, Citric Acid, Natural Flavors, Sodium Citrate, Aspartame, Acesulfame Potassium, Ascorbic Acid (Vitamin C), Red 40, Glycerol Ester of Rosin, Modified Food Starch, Potassium Sorbate.									
MINUTE MAID SPARKLING FIZZY MIXED BERRY FREESTYLE	Carbonated Water, Citric Acid, Natural Flavors, Sodium Citrate, Aspartame, Acesulfame Potassium, Ascorbic Acid (Vitamin C), Red 40, Glycerol Ester of Rosin, Modified Food Starch.									
MINUTE MAID SPARKLING FIZZY PEACH LEMONADE FREESTYLE	Carbonated Water, Citric Acid, Natural Flavors, Sodium Citrate, Aspartame, Modified Food Starch, Acesulfame Potassium, Ascorbic Acid (Vitamin C), Glycerol Ester of Rosin, Yellow 6, Red 40, Yellow 5.									
MINUTE MAID SPARKLING FIZZY PINK LEMONADE FREESTYLE	Carbonated Water, Citric Acid, Natural Flavors, Sodium Citrate, Aspartame, Modified Food Starch, Acesulfame Potassium, Ascorbic Acid (Vitamin C), Glycerol Ester of Rosin, Yellow 6, Red 40, Yellow 5.									
MINUTE MAID SPARKLING FIZZY TROPICAL CITRUS FREESTYLE	Carbonated Water, Citric Acid, Natural Flavors, Sodium Citrate, Aspartame, Acesulfame Potassium, Ascorbic Acid (Vitamin C), Modified Food Starch, Glycerol Ester of Rosin, Yellow 6, Red 40.									
MINUTE MAID SPARKLING LEMONADE FREESTYLE	Carbonated Water, Citric Acid, Natural Flavors, Sodium Citrate, Aspartame, Modified Food Starch, Acesulfame Potassium, Ascorbic Acid (Vitamin C), Glycerol Ester of Rosin, Yellow 5.									
MINUTE MAID SPARKLING LIME FREESTYLE	W8 Water, Water, Citric acid, Propylene glycol, Ethanol, Glycerin, Trisodium citrate, Aspartame, Acesulfame-K, Flavor, Ascorbic acid, Phosphoric acid, Sodium benzoate, Glycerol ester of wood rosin, Modified Corn Starch, FD&C Yellow No. 5, FD&C Yellow No. 6, S-811 Potassium Sorbate (Potassium sorbate), FD&C Blue No. 1, Tocopherols.									
MINUTE MAID SPARKLING STRAWBERRY LEMONADE FREESTYLE	W1 Water, Water, Citric acid, Propylene glycol, Glycerin, Ethanol, Trisodium citrate, Aspartame, Acesulfame-K, S-513 (Modified food starch), Ascorbic acid, Flavor, S-511 (Glycerol ester of wood rosin), Sodium benzoate, FD&C Red No. 40, S-1176, Phosphoric acid, Glycerol ester of wood rosin, Modified Corn Starch, S-202, Acetic acid, S-651 Citric Acid, anhydrous (Citric acid), S-811 Potassium Sorbate (Potassium sorbate), FD&C Yellow No. 5, Tocopherols, S-837 Calcium Disodium EDTA, dihydrate (Calcium disodium EDTA).									
ORANGE VANILLA MIX FREESTYLE	CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, CITRIC ACID, NATURAL FLAVORS, ACACIA, POTASSIUM CITRATE, CAFFEINE, SUCRALOSE, CARAMEL COLOR, MODIFIED FOOD STARCH, SUCROSE ACETATE ISOBUTYRATE, GLYCEROL ESTER OF ROSIN, YELLOW 6, COCONUT OIL, YELLOW 5, RED 40.									
PIBB XTRA CHERRY FREESTYLE	CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, CARAMEL COLOR, PHOSPHORIC ACID, NATURAL AND ARTIFICIAL FLAVORS, CAFFEINE, MONOSODIUM PHOSPHATE, LACTIC ACID, RED 40.									
PIBB XTRA CHERRY VANILLA FREESTYLE	CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, CARAMEL COLOR, NATURAL AND ARTIFICIAL FLAVORS, PHOSPHORIC ACID, CAFFEINE, MONOSODIUM PHOSPHATE, LACTIC ACID, RED 40.									
PIBB XTRA FREESTYLE	CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, CARAMEL COLOR, PHOSPHORIC ACID, NATURAL AND ARTIFICIAL FLAVORS, CAFFEINE, MONOSODIUM PHOSPHATE, LACTIC ACID, RED 40.									
PIBB XTRA STRAWBERRY FOR FREESTYLE	W1 Water, High fructose starch syrup, Water, Propylene glycol, Sulphite ammonia caramel, Ethanol, Phosphoric acid, Caffeine, Flavor, Monosodium phosphate, Lactic acid, FD&C Red No. 40, Glycerin, Acetic acid, Potassium benzoate, Dimethylpolysiloxane, Mono-and diacetyl tartaric acid esters of mono- and diglycer, Sodium carboxy methyl cellulose, Silicon dioxide, Potassium sorbate, Sodium benzoate.									
PIBB XTRA VANILLA FREESTYLE	CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, CARAMEL COLOR, NATURAL AND ARTIFICIAL FLAVORS, PHOSPHORIC ACID, CAFFEINE, MONOSODIUM PHOSPHATE, LACTIC ACID.									
PIBB ZERO CHERRY FREESTYLE	CARBONATED WATER, CARAMEL COLOR, PHOSPHORIC ACID, ASPARTAME, NATURAL AND ARTIFICIAL FLAVORS, ACESULFAME POTASSIUM, CAFFEINE, MONOSODIUM PHOSPHATE, LACTIC ACID, RED 40, SODIUM CITRATE.									
PIBB ZERO CHERRY VANILLA FREESTYLE	CARBONATED WATER, CARAMEL COLOR, NATURAL AND ARTIFICIAL FLAVORS, PHOSPHORIC ACID, ASPARTAME, ACESULFAME POTASSIUM, CAFFEINE, MONOSODIUM PHOSPHATE, LACTIC ACID, RED 40, SODIUM CITRATE.									
PIBB ZERO FREESTYLE	CARBONATED WATER, CARAMEL COLOR, PHOSPHORIC ACID, ASPARTAME, NATURAL AND ARTIFICIAL FLAVORS, ACESULFAME POTASSIUM, CAFFEINE, MONOSODIUM PHOSPHATE, LACTIC ACID, SODIUM CITRATE.									
PIBB ZERO STRAWBERRY FOR FREESTYLE	W1 Water, Water, Propylene glycol, Sulphite ammonia caramel, Ethanol, Phosphoric acid, Aspartame, Acesulfame-K, Caffeine, Flavor, Monosodium phosphate, Lactic acid, Sodium benzoate, FD&C Red No. 40, Trisodium citrate, Glycerin, Acetic acid, Potassium benzoate, Dimethylpolysiloxane, Mono-and diacetyl tartaric acid esters of mono- and diglycer, Sodium carboxy methyl cellulose, Silicon dioxide, Potassium sorbate.									
PIBB ZERO VANILLA FREESTYLE	CARBONATED WATER, CARAMEL COLOR, NATURAL AND ARTIFICIAL FLAVORS, PHOSPHORIC ACID, ASPARTAME, ACESULFAME POTASSIUM, CAFFEINE, MONOSODIUM PHOSPHATE, LACTIC ACID, SODIUM CITRATE.									
POWERADE CHERRY FREESTYLE	WATER, HIGH FRUCTOSE CORN SYRUP, CITRIC ACID, SALT, POTASSIUM CITRATE, POTASSIUM PHOSPHATE, NATURAL FLAVORS, RED 40, NIACINAMIDE (B3), PYRIDOXINE HYDROCHLORIDE (B6), CYANOCOBALAMIN (B12)									
POWERADE FRUIT PUNCH FREESTYLE	WATER, HIGH FRUCTOSE CORN SYRUP, CITRIC ACID, SALT, NATURAL FLAVORS, POTASSIUM CITRATE, POTASSIUM PHOSPHATE, RED 40, NIACINAMIDE (B3), PYRIDOXINE HYDROCHLORIDE (B6), CYANOCOBALAMIN (B12)									
POWERADE GRAPE FREESTYLE	WATER, HIGH FRUCTOSE CORN SYRUP, CITRIC ACID, NATURAL FLAVORS, SALT, POTASSIUM CITRATE, POTASSIUM PHOSPHATE, NIACINAMIDE (B3), RED 40, BLUE 1, PYRIDOXINE HYDROCHLORIDE (B6), CYANOCOBALAMIN (B12)									
POWERADE LEMON FREESTYLE	WATER, HIGH FRUCTOSE CORN SYRUP, CITRIC ACID, SALT, POTASSIUM CITRATE, MODIFIED FOOD STARCH, NATURAL FLAVORS, GLYCEROL ESTER OF ROSIN, POTASSIUM PHOSPHATE, NIACINAMIDE (B3), PYRIDOXINE HYDROCHLORIDE (B6), YELLOW 5, CYANOCOBALAMIN (B12)									
POWERADE LIME FREESTYLE	WATER, HIGH FRUCTOSE CORN SYRUP, CITRIC ACID, SALT, NATURAL FLAVORS, POTASSIUM CITRATE, POTASSIUM PHOSPHATE, NIACINAMIDE (B3), YELLOW 5, PYRIDOXINE HYDROCHLORIDE (B6), YELLOW 6, BLUE 1, CYANOCOBALAMIN (B12)									
POWERADE ORANGE FREESTYLE	WATER, HIGH FRUCTOSE CORN SYRUP, CITRIC ACID, SALT, POTASSIUM CITRATE, NATURAL FLAVORS, MODIFIED FOOD STARCH, GLYCEROL ESTER OF ROSIN, POTASSIUM PHOSPHATE, YELLOW 6, NIACINAMIDE (B3), SUCROSE ACETATE ISOBUTYRATE, RED 40, PYRIDOXINE HYDROCHLORIDE (B6), CYANOCOBALAMIN (B12)									
POWERADE RASPBERRY FREESTYLE	WATER, HIGH FRUCTOSE CORN SYRUP, CITRIC ACID, SALT, NATURAL FLAVORS, POTASSIUM CITRATE, POTASSIUM PHOSPHATE, RED 40, NIACINAMIDE (B3), PYRIDOXINE HYDROCHLORIDE (B6), CYANOCOBALAMIN (B12)									
POWERADE STRAWBERRY FREESTYLE	WATER, HIGH FRUCTOSE CORN SYRUP, CITRIC ACID, SALT, NATURAL FLAVORS, POTASSIUM CITRATE, POTASSIUM PHOSPHATE, RED 40, NIACINAMIDE (B3), PYRIDOXINE HYDROCHLORIDE (B6), CYANOCOBALAMIN (B12)									
POWERADE ZERO CHERRY FREESTYLE	WATER, CITRIC ACID, SALT, POTASSIUM CITRATE, ASPARTAME, ACESULFAME POTASSIUM, POTASSIUM PHOSPHATE, NATURAL FLAVORS, RED 40, NIACINAMIDE (B3), PYRIDOXINE HYDROCHLORIDE (B6), CYANOCOBALAMIN (B12)									
POWERADE ZERO FRUIT PUNCH FREESTYLE	WATER, CITRIC ACID, SALT, NATURAL FLAVORS, POTASSIUM CITRATE, ASPARTAME, ACESULFAME POTASSIUM, POTASSIUM PHOSPHATE, RED 40, NIACINAMIDE (B3), PYRIDOXINE HYDROCHLORIDE (B6), CYANOCOBALAMIN (B12)									
POWERADE ZERO GRAPE FREESTYLE	WATER, CITRIC ACID, SALT, NATURAL FLAVORS, POTASSIUM CITRATE, ASPARTAME, ACESULFAME POTASSIUM, POTASSIUM PHOSPHATE, NIACINAMIDE (B3), RED 40, BLUE 1, PYRIDOXINE HYDROCHLORIDE (B6), CYANOCOBALAMIN (B12)									
POWERADE ZERO LEMON FREESTYLE	WATER, CITRIC ACID, SALT, POTASSIUM CITRATE, ASPARTAME, ACESULFAME POTASSIUM, MODIFIED FOOD STARCH, POTASSIUM PHOSPHATE, NATURAL FLAVORS, GLYCEROL ESTER OF ROSIN, NIACINAMIDE (B3), PYRIDOXINE HYDROCHLORIDE (B6), YELLOW 5, CYANOCOBALAMIN (B12)									
POWERADE ZERO LIME FREESTYLE	WATER, CITRIC ACID, SALT, NATURAL FLAVORS, POTASSIUM CITRATE, ASPARTAME, ACESULFAME POTASSIUM, POTASSIUM PHOSPHATE, NIACINAMIDE (B3), YELLOW 5, PYRIDOXINE HYDROCHLORIDE (B6), YELLOW 6, BLUE 1, CYANOCOBALAMIN (B12)									
POWERADE ZERO ORANGE FREESTYLE	WATER, CITRIC ACID, SALT, POTASSIUM CITRATE, NATURAL FLAVORS, ASPARTAME, MODIFIED FOOD STARCH, ACESULFAME POTASSIUM, GLYCEROL ESTER OF ROSIN, POTASSIUM PHOSPHATE, YELLOW 6, NIACINAMIDE (B3), SUCROSE ACETATE ISOBUTYRATE, PYRIDOXINE HYDROCHLORIDE (B6), RED 40, CYANOCOBALAMIN (B12)									
POWERADE ZERO RASPBERRY FREESTYLE	WATER, CITRIC ACID, SALT, NATURAL FLAVORS, POTASSIUM CITRATE, ASPARTAME, ACESULFAME POTASSIUM, POTASSIUM PHOSPHATE, RED 40, NIACINAMIDE (B3), PYRIDOXINE HYDROCHLORIDE (B6), CYANOCOBALAMIN (B12)									
POWERADE ZERO STRAWBERRY FREESTYLE	WATER, CITRIC ACID, SALT, NATURAL FLAVORS, POTASSIUM CITRATE, ASPARTAME, ACESULFAME POTASSIUM, POTASSIUM PHOSPHATE, RED 40, NIACINAMIDE (B3), PYRIDOXINE HYDROCHLORIDE (B6), CYANOCOBALAMIN (B12)									
SEAGRAM'S DIET GINGER ALE CHERRY FREESTYLE	CARBONATED WATER, NATURAL FLAVORS, CITRIC ACID, ASPARTAME, ACESULFAME POTASSIUM, CARAMEL COLOR, RED 40.									
SEAGRAM'S DIET GINGER ALE FREESTYLE	CARBONATED WATER, NATURAL FLAVORS, CITRIC ACID, ASPARTAME, ACESULFAME POTASSIUM, CARAMEL COLOR									
SEAGRAM'S DIET GINGER ALE ORANGE FREESTYLE	CARBONATED WATER, NATURAL FLAVORS, CITRIC ACID, ASPARTAME, ACESULFAME POTASSIUM, CARAMEL COLOR, MODIFIED FOOD STARCH, GLYCEROL ESTER OF ROSIN, YELLOW 6, SUCROSE ACETATE ISOBUTYRATE, RED 40.									
SEAGRAM'S DIET GINGER ALE RASPBERRY FOR FREESTYLE	CARBONATED WATER, NATURAL FLAVORS, CITRIC ACID, ASPARTAME, ACESULFAME POTASSIUM, CARAMEL COLOR, RED 40.									
SEAGRAM'S DIET GINGER ALE VANILLA FREESTYLE	CARBONATED WATER, NATURAL FLAVORS, CITRIC ACID, ASPARTAME, ACESULFAME POTASSIUM, CARAMEL COLOR									
SEAGRAM'S GINGER ALE CHERRY FREESTYLE	CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, NATURAL FLAVORS, CITRIC ACID, CARAMEL COLOR, RED 40.									
SEAGRAM'S GINGER ALE CHERRY FREESTYLE	CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, CITRIC ACID, NATURAL FLAVORS, CARAMEL COLOR, SUCRALOSE, RED 40.									
SEAGRAM'S GINGER ALE FREESTYLE	CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, CITRIC ACID, NATURAL FLAVORS, CARAMEL COLOR, SUCRALOSE.									
SEAGRAM'S GINGER ALE FREESTYLE	CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, NATURAL FLAVORS, CITRIC ACID, CARAMEL COLOR.									
SEAGRAM'S GINGER ALE LIME FOR FREESTYLE	CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, NATURAL FLAVORS, CITRIC ACID, CARAMEL COLOR, YELLOW 5, YELLOW 6, BLUE 1									
SEAGRAM'S GINGER ALE LIME FREESTYLE	CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, CITRIC ACID, NATURAL FLAVORS, CARAMEL COLOR, SUCRALOSE, YELLOW 5, YELLOW 6, BLUE 1.									
SEAGRAM'S GINGER ALE ORANGE FREESTYLE	CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, NATURAL FLAVORS, CITRIC ACID, CARAMEL COLOR, MODIFIED FOOD STARCH, GLYCEROL ESTER OF ROSIN, YELLOW 6, SUCROSE ACETATE ISOBUTYRATE, RED 40.									
SEAGRAM'S GINGER ALE ORANGE FREESTYLE	CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, CITRIC ACID, NATURAL FLAVORS, CARAMEL COLOR, MODIFIED FOOD STARCH, SUCRALOSE, GLYCEROL ESTER OF ROSIN, YELLOW 6, SUCROSE ACETATE ISOBUTYRATE, RED 40.									
SEAGRAM'S GINGER ALE RASPBERRY FOR FREESTYLE	CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, NATURAL FLAVORS, CITRIC ACID, CARAMEL COLOR, RED 40.									
SEAGRAM'S GINGER ALE RASPBERRY FREESTYLE	CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, CITRIC ACID, NATURAL FLAVORS, CARAMEL COLOR, SUCRALOSE, RED 40.									
SEAGRAM'S GINGER ALE VANILLA FOR FREESTYLE	CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, NATURAL FLAVORS, CITRIC ACID, CARAMEL COLOR.									
SEAGRAM'S GINGER ALE VANILLA FREESTYLE	CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, CITRIC ACID, NATURAL FLAVORS, CARAMEL COLOR, SUCRALOSE.									

The information provided in this document was compiled from an online tool made available by The Coca-Cola Company. This online tool is intended to assist Customer in complying with FDA menu labeling regulations. The nutrient values provided are based on U.S.D.A. data, vendor data, laboratory analyses and scientific literature.

Coca-Cola certifies that the nutrient values are accurate and complete as of the date this certificate is printed.

Date: 01/24/2018